



HEAD LICE Alert Notice

Dear Parent/Guardian,

October 25, 2023

Head lice have been detected in your child's classroom. The parents/guardians of all students are being notified via this letter. It is extremely important for you to check your child's head for head lice and to keep checking every day until there are no head lice found for 10 consecutive days.

STEP 1: Find a comfortable, well lit spot.

STEP 2: Check the hair from the scalp to the end of the hair strand. First, look at the hair at the back of the neck, behind the ears, and above the forehead. Then, check the rest of the head.

STEP 3: You are looking for live lice and/or eggs. Nits (eggs) are attached to hair close to the scalp. Nits are white or grey in colour and may be confused with dandruff. Nits are firmly attached to the hair and do not move unless you slide them down the hair strand.

STEP 4: If you find a louse or nit, check all household members. Treat only those who have lice or nits. **DO NOT TREAT IF THEY ARE NOT PRESENT**, as the treatment has no preventative effect.

If you do find head lice, commence effective treatment immediately and be sure to complete the process of treatment. Combing the hair with a fine-tooth comb is the best method to remove lice and nits (eggs) from hair. The shampoo treatment only kills live lice. If nits are not attended to the process will cycle. This will help prevent head lice from recurring. Refer to the *Head Lice: HealthLinkBC* attached with this notice for further treatment information. Teachers will reduce head-to-head contact activities while head lice are known to be around.

If for any reason you are having difficulties treating the head lice on your child effectively, or need additional information please contact a community health nurse.

Kelowna Health Centre
1340 Ellis Street 868-7700

Rutland Health Centre
155 Gray Road 250-980-4825

Yours sincerely,

Nina Ferguson, Principal