



Oct. 7 - 17, 2023

WHAT'S HAPPENING AT PEARSON ROAD

Principal's Message:

After one month of learning together, students are settling into the daily routines of being learners. Again, we want to thank you for your support in building great bedtime and morning routines. Well-rested students, who come to school each day on-time and from consistent morning routines, are better prepared to embrace learning. This makes a big difference for them and the learning cultures in our classrooms.

We thoroughly enjoyed welcoming you to our Parent Teacher Conferences and Open Houses. We hope you were able to gain further understandings about your children as learners at school. Please know that if you were unable to attend, teachers are available for any questions or curiosities that you may have. Please reach out.

The Parent Advisory Committee (PAC) met for their first meeting of the year last week and were appreciative for the many new faces. All parents are welcome and encouraged to join the committee. Please note, you will NOT be asked to volunteer or fundraise if it isn't for you! The PAC Meetings have been added to the school calendar on our website. They are for the most part on the third Monday of each month at 5:30pm in the Library (holiday Mondays avoided). If you have any feedback for PAC please email Pse.PacPresident@sd23.bc.ca. Please see the **PAC PAGE** on page four for further news and information.

Third time is a charm they say! We must please ask again that parent's remember that the school parking lot is for staff parking ONLY. Parents may use the **KISS & DROP** lane in the **morning only**. Parents must remain in their car while the students exit the vehicle on the right-hand side and take themselves to their classrooms. If you must accompany your child to the classroom you are asked to please park off property and walk in together. **THERE IS NO ACCESS TO THE PARKING LOT AFTER SCHOOL**. This is for student safety and we are very hopeful for your support on this.

I am always available to meet with you or take your calls, please reach out anytime.

Sincerely, Mrs. Nina Ferguson



Monday, Oct 9	Tuesday, Oct 10	Wednesday, Oct 11	Thursday, Oct 12	Friday, Oct 13
NO SCHOOL THANKSGIVING HOLIDAY				
Monday, Oct 16	Tuesday, Oct 17	Wednesday, Oct 18	Thursday, Oct 19	Friday, Oct 20
				Teacher Pro-D Day (NO SCHOOL)

Important Dates to Remember:

PSE PAC Meeting in the Library	October 23, 5:30pm
School Photo Retakes Day	October 24th AM only
PAC Halloween Dance (Parents must attend with their children)	October 26, 5-7:00p,
Remembrance Day (NO SCHOOL)	Nov. 13th
School Spirit Day: Silly Socks	Nov. 17th



Copies of School Newsletter: "What's Happening at Pearson Road" can be found on our school website under the Parents tab > [School News](#)





WHAT'S HAPPENING AT PEARSON ROAD

ARRIVING LATE - EARLY DEPARTURES

Just a friendly reminder that it is really important to have students arrive on time (8:25am) and be picked up on time (2:30pm). However, we understand that on occasion there are circumstances that require you to drop-off late or pick-up early, please pull into the front of the school and call the office to wait for someone to come out and meet/or deliver your child. Teachers will not be admitting late students or dismissing students early from their classroom doors, this is all done through the front office.



School Assembly- EARTH RANGERS

This week we welcomed the Earth Rangers crew to Pearson. They encouraged us all to be ambassadors for our earth. They provided us with some online resources and tools to support this.

[Earth Rangers Student Link](#)

EARTH RANGERS - Battery Blitz

Please see pages 5 & 6 for a way to support our school and our earth. We are collecting all old batteries. Send them in to the collection boxes in each of our classrooms for the month of October.

SEL CORNER:

RESPECT

Dear Pearson Families,

I like to focus on the trait of respect in October because practicing respect is a powerful way to start the year. I love the idea that when we can see "value in all people and things & treat them with care," we will also be able to treat ourselves the same way, which is, with respect. Many people feel respected in different ways and we hope this month inspires discussions with your family about what respect means to you and how you can practice it together!

This [video from RocketKids](#) is a wonderful way to engage your children in discussions about what respect is and how we can all show it and get it.

Robert Sharma says, "The respect you give others is a dramatic reflection of the respect you give yourself." Think of this the next time you or a family member forget to say thank you or use negative self-talk.

If you have any questions please feel free to contact me at maegan.church@sd23.bc.ca.

I hope you enjoy practicing respect.

Respectfully Yours, Mrs. Church





WHAT'S HAPPENING AT PEARSON ROAD

Message from Central Okanagan Parent Advisory Council (COPAC):
ADHD Inside Out Presentation – Don't Calm Down (Mastering Emotional Outbursts)

October 17th, 2023 7pm via zoom

Registration is required: [CLICK HERE TO REGISTER](#)

Emotional outbursts have a greater impact on relationships, communication, and group participation than most other ADHD challenges. They also lead to the deepest misguided judgements about the individual's "bad character." This webinar will help you understand what is truly going on, and how to respond in a helpful, respectful, and productive manner.

Presented by Dan Duncan, ADHD Coach/Consultant adhdinsideout.com

The presentation will take place via Zoom and is free for our Central Okanagan Public Schools SD23 community. We encourage interested parents/caregivers and SD23 staff to register for this informative education opportunity.

SchoolMessenger



SCHOOL ABSENCES:

Please make sure you have signed up with [SchoolMessenger](#) to support our school in being informed as to when your child will be absent from school. For more information and a help tutorial please

visit: [SchoolMessenger App](#)



Pearson Road Elementary Hot Lunch Program

Pearson Road Elementary Hot Lunch Program is now open for any parents who wish to order for lunches their student(s).

Parents must create an account on the MunchaLunch website. Ordering and payments are managed through Munchalunch. ALL ORDERS AND PAYMENTS MUST BE DONE ONLINE. We cannot accept cash or cheque payments at the school. Munchalunch Website



WHAT'S HAPPENING AT PEARSON ROAD

PAC PAGE

Please note the following PAC dates for October and November:

Mon Oct 23, 5:30pm: PAC meeting in the library

Thurs Oct 26, 5-7pm: Halloween Dance in the gym, by donation

Tues Oct 31: Deadline to apply for a vendor's table for the Holiday Craft Market

Fri Nov 17: Purdy's Fundraiser order deadline

Fri Nov 17: Dielman's Fundraiser order deadline

Sat, Nov 18, 10am-4pm Holiday Craft Market in the gym

Mon, Nov 20, 5:30pm: PAC Meeting in the library

*More information to come on these special events and fundraisers.

PSE PAC

Pse.PacPresident@sd23.bc.ca

[PSE PAC Website Link](#)



PSE PARENT ADVISORY COMMITTEE (PAC) INVITES YOU TO GET INVOLVED!

ONE SHORT MEETING PER MONTH

We support our students with:

- **Field Trips**
- **Fun Days**
- **Student Celebrations**
- **New Playground Equipment**
- **Classroom Enhancements**

Why participate?

- Have input in how we support our kids and their school.
- Our efforts go directly to our kids!
- Without adequate PAC members we will NOT receive the funding available.
- It is less than 1 hour per month
- **EVERYONE** is welcome!



Dear Parents / Guardians,

In honour of Waste Reduction Week, Earth Rangers and Call2Recycle are challenging schools across British Columbia to participate in the **Battery Blitz School Mission** contest.

Our school is participating and students are being asked to bring in their used batteries to school for the next four weeks, in order to be recycled. Any battery under 5 kg (with the exception of wet-cell batteries) can be brought in. Refer to www.earthrangers.com/EN/CA/batteryblitzschoolcontest for guidelines on how to prepare household batteries for recycling.

Schools from all across British Columbia are participating in the **Battery Blitz School Mission**. Three amazing Cash Grand Prizes available for the 3 schools that bring in the most batteries by weight. 1st place - \$1,500, 2nd place - \$1,000 and 3rd place - \$500. For more details, please visit www.earthrangers.com/EN/CA/batteryblitzschoolcontest

Call2Recycle has collected and recycled almost 30 million kgs of batteries since the program has started!

To find the nearest Call2Recycle collection site, please visit <http://www.call2recycle.ca/>

Generously supported by:



* In order to receive this prize, there must be a battery submission on record. No purchase necessary. The "Battery Blitz School Mission Challenge" (the "Challenge") closes on Friday, November 3, 2023 at 5:00pm PST. Open only to elementary schools in British Columbia that have been registered for the Challenge. For more information and full rules and regulations, visit <https://www.earthrangers.com/EN/CA/batteryblitzschoolcontest>



Help Keep Batteries Out of Landfills!

When batteries are not recycled properly, they can end up in landfills where they not only add to solid waste but can also potentially release harmful materials into the environment. Call2Recycle collects and recycles almost 3 million kg of batteries each year. That's more than the weight of 500 African elephants! You can do your part to make sure more batteries are recycled by participating in the **Battery Blitz School Mission!**

Your Mission is to recycle as many used batteries as you can by bringing them into your school and disposing of them in the Call2Recycle collection box.

**The school that recycles
the most batteries
(by weight)**

will win* \$1,500!



Central Okanagan Family Hub - Kelowna

www.facebook.com/COFHP for up-to-date info or www.cofh.ca

Hours: Monday - Friday, 9:00am – 4:00pm

October 2023



Monday	Tuesday	Wednesday	Thursday	Friday
2 Closed for National Day for Truth & Reconciliation	3 Drop-in Play Time, 9:30am – 11:30am Connect & Play - Family Friend, 12:00pm-2:00pm Drop-in Play Time, 2:00pm-4:00pm 	4 Food Support Program, 9:30am-12:30pm  Connect & Play Childhood Connections, 1:00pm-4:00pm 	5 Song Story & Rhyme Childhood Connections, 9:30am-10:30am Drop-in Play Time, 9:30am-11:30am & 12:30pm-4:00pm 	6 Parent Talk, 9:30am-11:30am Drop-in Play Time, 12:30pm- 4:00pm 
9 Closed for Thanksgiving	10 Drop-in Play Time, 9:30am – 11:30am Connect & Play - Family Friend, 12:00pm-2:00pm Drop-in Play Time, 2:00pm-4:00pm 	11 Japanese Story Time, 11:00am-1:00pm Connect & Play Childhood Connections, 1:00pm-4:00pm 	12 Song Story & Rhyme Childhood Connections, 9:30am-10:30am Drop-in Play Time, 12:30pm-4:00pm 	13 Drop-in Play Time, 9:30am-11:30am & 12:30pm-4:00pm 
16 Circle of Security, 9:00am-11:00am Connect & Play Childhood Connections, 1:00pm-4:00pm 	17 Drop-in Play Time, 9:30am – 11:30am Connect & Play - Family Friend, 12:00pm-2:00pm Drop-in Play Time, 2:00pm-4:00pm 	18 Food Support Program, 9:30am-12:30pm  Connect & Play Childhood Connections, 1:00pm-4:00pm 	19 Song Story & Rhyme Childhood Connections, 9:30am-10:30am Drop-in Play Time, 12:30pm-4:00pm 	20 Parent Talk, 9:30am-12:30pm Drop-in Play Time, 12:30pm-4:00pm 
23 Physio with Melina, 9:30am Circle of Security, 9am-11am Connect & Play Childhood Connections, 1:00pm-4:00pm 	24 Drop-in Play Time, 9:30am – 11:30am Connect & Play - Family Friend, 12:00pm-2:00pm Drop-in Play Time, 2:00pm-4:00pm 	25 Japanese Story Time, 10:30am-1:00pm (Halloween Party) Connect & Play Childhood Connections, 1:00pm-4:00pm 	26 Song Story & Rhyme Childhood Connections, 9:30am-10:30am Drop-in Play Time, 12:30pm-4:00pm 	27 Parent Talk, 9:30am-12:30pm Drop-in Play Time, 12:30pm-4:00pm 
30 Circle of Security, 9:00am-11:00am Connect & Play Childhood Connections, 1:00pm-3:00pm 	31 Halloween Party: Trick or treats! Dress up & come! 9:00am-4:00pm Drop-in Play Time, 9:30am-11:30am Connect & Play - Family Friend, 12:00pm-2:00pm Drop-in Play Time, 2:00pm- 4:00pm 	<p>If you need information, navigation, referrals or support email us at info@cofh.ca or call or text to 250-826-6264</p>		



United Way
Southern Interior BC
unitedwaysibc.com



City of Kelowna



TELUS Friendly
Future Foundation



Central Okanagan
Public Schools
Together We Learn

Programs this Month:

Call or text to [250-826-6264](tel:250-826-6264) for your scheduled Family Hub time.

The Hub is open from 9:00am – 4:00pm every day.

Family Play Time at the Hub, The Bridge Youth and Family Services

Parents/caregivers with children are welcome to drop-in for a family play time in the HUB playroom. For more information call the HUB at [250-826-6264](tel:250-826-6264)

Just Drop-in, Tuesdays starting at 9:30am

Food Support Program, The Bridge Youth and Family Services, Helen's Acres Community Farm, Central Okanagan Community Food Bank

Receive essential food security support from Family HUB and The Bridge Youth and Family Services, while connecting with community partners each week to explore valuable local resources.

To make an appointment, kindly email Laura at laura.banman@thebridgeservices.ca or Tong at tongriang@cofh.ca (by appointment only).

Every 1st and 3rd Wednesday of the month, 9:30am-12:30pm.

Outato Ohanashino Kai (Japanese Story Time for infants & toddlers)- 11 am

Offering Japanese-speaking families story time. Japanese Storytime is meant to provide a space where children can practice and reinforce the Japanese language and culture, also it serves as an immersive space that is 100% Japanese, which not only helps the children maintain a connection to their heritage language but also give the parents a space to speak in their native language.

Every 2nd and 4th Wednesday of the month, 11:00am-1:00pm.

Physio with Melina

Schedule a 1:1 session with Milena Perini, Pediatric Physiotherapist from Physio for Kids. Milena will be available on select days each month to address your inquiries on infant motor development, tummy time, engaging activities for babies and toddlers. If you have children aged newborn to 4 years, don't miss this opportunity to connect with Milena.

Once a month call [250-826-6264](tel:250-826-6264) to book - Appointments start at 9:30 am

Connect & Play - KCR Family Friend Program

Playtime for moms and children is part of the Family Friend Program. Meet other moms in the program and let your children play.

Select Tuesdays, 12:30pm-2:30pm. Email familyfriend@kcr.ca, or visit www.kcr.ca/family-services/family-friend

Parent talk: The Bridge Youth and Family Services

Parent Talk is a facilitated, support and information group for parents of children 0-6 years old. Parent Talk provides an opportunity for parents to share and gather information about issues that are impacting their lives and their parenting, create connections, and become part of a welcoming and supportive parenting community. Child care is provided. Please bring a snack for your child(ren).

Select Fridays, 9:30am. If you are new to this group and would like to join, call Laura at [250-878-6331](tel:250-878-6331)

Connect and Play, Childhood Connections

Every Monday & Wednesday join a staff from Childhood Connections CCRR to engage, create and connect. Childhood Connections CCRR staff will be there.

Mondays & Wednesdays, drop-in, 1:00pm-4:00pm

Song, Story & Rhyme time, Childhood Connections

Song, Story, and Rhyme Time is a welcoming space for families in the community. This program will celebrate diversity, embrace communication through songs, rhymes and stories, and promote an environment where every child and family feel valued and included.

Thursdays, drop-in, 9:30am-10:30am

Circle of Security

At times families feel lost or without a clue about what our child might need from us. Imagine what it might feel like if you were able to make sense of what your child was really asking from you. Circle of security parenting program is based on decades of research about how secure parent-child relationships can be supported and strengthened.

Pre-registration required – call [250-826-6264](tel:250-826-6264), October 16th - December 11th, 9:30am (no class on November 13th)



HORSE WHISPERER GRIEF CAMP



WHEN:

October 21, 2023

9:00am– 2:00pm

WHERE:

Kelowna

(To respect the privacy of the owner of the farm, we will be giving the address out only to those who have registered)

WHO:

**Children and Youth
between the ages of 6-19**

Activities include: grooming, walking and riding horses, spending time in nature and a special art activity (time permitted)!

There is **NO COST** to attend. Lunch is included in the day.

PLEASE NOTE: Space is limited to 15 participants.

Please ensure your child/children are fully able to commit to the day before registering. Thank you!

For more information or to register, please contact:

Ian Kunitski

250-763-5511, ext. 110 or email: ian@hospicecoha.org

Registration is required. Transportation is not included.

Central Okanagan Hospice Association

#200 - 1890 Cooper Road, Kelowna, BC V1Y 8B7

P: 250.763.5511 • F: 250.763.5567 • www.hospicecoha.org • hospice@hospicecoha.org

Children's Grief Support Group



Central Okanagan Hospice Association is pleased to offer an eight week grief and loss support group for **children ages 6-12** who have experienced the loss of a family member or friend through death. This program offers a safe, caring environment for children to gather in discussion and expressive play and art activities.

Our next group begins on **October 25th, 2023** at
COHA August Centre, #200—1890 Cooper Rd, and runs
every Wednesday from 4:00pm-5:30pm.
(Oct 25th—Dec. 13th)

To refer a child to this group or for more information

Please call: **Ian Kunitski 250.763.5511**

Or email: **ian@hospicecoha.org**