

NEWSLETTER

Pearson Road Elementary



PRINCIPAL'S MESSAGE

Dear Pearson Community,

Pearson Panthers have been busy cooking, gardening, training for track, honing their soccer skills, camping in the library, and getting ready for the talent show and the Mission Creek week, in addition to their everyday learning. It is a fun time for the Panthers!

A reminder that Tuesday is class photo day.

Have a fun-filled long weekend!

Kind Regards, Jasmeet

KEY DATES

Mon, May 19 - Victoria Day- No School

Tues, May 20 - Class Photos

Wed, May 21- Hot Lunch- Borscht Soup & Perogies

Last Day for Kindergarten Kickstart

Thurs, May 22- Track & Field Day- Grade 4 & 5

After School Soccer- 2:15-3:45

Fri, May 23 - Terrific Kids Assembly

Mon, May 26 - Mission Creek Week for Ms. White, McClellan, Ms.

Korinski & Ms. Macafee's classes

Wed, May 28- Hot Lunch- Kayan Shawarma

Thurs, May 29- After School Soccer - 2:15-3:45

Fri, May 30 - Hot Lunch- Hot Dogs



FROM THE DESK OF:

MS. HODDER - GRADE 2/3 TEACHER

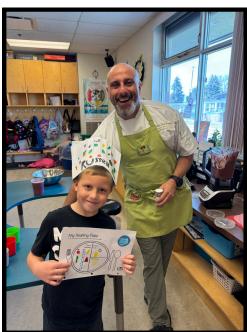
CHEFS IN THE CLASSROOM

EVERY TUESDAY MORNING, THE DELICIOUS SMELLS DRIFTING FROM MRS. HODDER'S GRADE 2 AND 3 CLASSROOM SIGNAL THE START OF CHEFS IN THE CLASSROOM, A "HANDS-ON EDIBLE" EDUCATION PROGRAM. LED BY VOLUNTEER CHEF, TERRY PORT, STUDENTS LEARN HOW TO COOK AND PREPARE FOOD SAFELY, UNDERSTAND WHERE THEIR FOOD COMES FROM AND NUTRITION. THEY ARE ALSO INTRODUCED TO SOME INTERESTING FOOD! DID YOU KNOW BEETS CAN BE PINK? OR THAT PANSIES ARE EDIBLE? STUDENTS ALSO PLANT AND CARE FOR THEIR OWN GARDEN LOCATED JUST OUTSIDE OUR CLASSROOM DOOR. IN A FEW WEEKS, THEY'LL VISIT A WORKING FARM AND ORCHARD TO SEE THE FULL JOURNEY FROM FIELD TO TABLE. BUT ASK ANY STUDENT IN ROOM 21 WHAT THEIR FAVOURITE PART OF CHEFS IN THE CLASSROOM IS? THE EATING, OF COURSE! AS THEY ENJOY WHAT THEY HAVE PREPARED UNDER THE GUIDANCE OF CHEFTERRY.

BON APPÉTIT!















FROM YOUR PAC

Pearson Road Elementary

Make a difference in your child's education & overall school experience.

Join the PAC!

Email your PAC President with any questions.

Pse.pacpresident @sd23.bc.ca

PAC MESSAGE

AGM News:

Thank you to all who participated in our AGM on Monday! Your PAC executive for 2025-26 is:

President: Veronica Meola

Vice President: Gina-Lily Cooper

Treasurer: Gemma D'Attilio

COPAC representative: Madisyn Pearle

The position of Secretary is currently vacant. If you are interested in joining the PAC executive

and contributing to our vibrant Pearson community, please contact

pse.pacpresident@sd23.bc.ca.

IT'S CARNIVAL TIME!!

Our beloved Pearson Carnival is happening on June 4 from 5:00-7:30 PM at the school. There will be tons of games, bounce houses, activities, dancing, food and fun for all our families! You won't want to miss it!

WE NEED YOUR HELP to make the Carnival a success. Please see the attached poster or sign up <u>here</u> to donate items or volunteer.

HOT LUNCH

Visit www.munchalunch.com to order for June. The deadline to order is May 31.



Please note

Wednesday's Hot Lunch is ordered month by month (order deadline -end of each month). Friday' in-house lunch is not running in June.

Parents need to create an account on the MunchaLunch website. Ordering and payments are managed through Munchalunch. ALL ORDERS AND PAYMENTS MUST BE DONE ONLINE. We cannot be accept cash or cheque payments at the school. Munchalunch Website

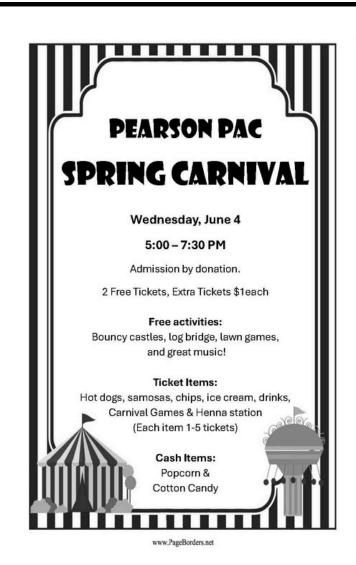
This program is run by the Pearson PAC, all questions should be directed to pse.pac@sd23.bc.ca



FROM YOUR PAC

Pearson Road Elementary





We need your help to make the carnival a success! Please tell us below how you can contribute. You can return this form or use the QR code to sign up online.

NAME:	
PHONE & EMAIL:	

I CAN DONATE!

- Chips (snack size)
- ☐ Canned Pop/iced tea/lemonade
- □ Samosas
- Hot dog buns; halal hot dogs; ketchup, mustard & relish
- Cookies, cupcakes, or other baked goods for Treat Walk prizes

Please bring donated items to the office and label them "Carnival." Non-perishables may be brought any time. Baked goods should be brought June 4

I WILL HELP AT THE CARNIVAL!

We need your help to create lasting memories for your children. Volunteer tasks include set up, supervising games, ensuring safety, cleaning up, and ticket collection.

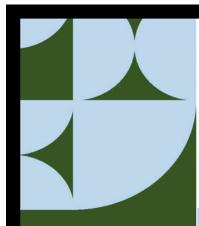
- ☐ Set up (4:00-5:00)
- Help serve food in the concession area
- □ Run a carnival game
- Supervise lawn games
- I will work at the henna station applying henna!
- Clean up (7:30-8:30)





FROM THE DISTRICT

Pearson Road Elementary



HPS Bulletin



Togetherness

k'wu ccullus

camaraderie

Issue 11 | TIME OF THE BUDDING LEAVES kpecktan

(Mar. 29 to Apr. 26)

click titles to access resources

<u>Curriculum Resources for</u> <u>Teachers</u>

SD23 Digital Wellness

Enhancing PHE with Technology

A Good Read!



Health Promoting Schools Website

District Health Plan



Digital devices play a substantial role in our social, mental & physical wellbeing. The choices and the experiences we expose ourselves to influence who we become & impact our health. Using digital resources in a positive way can enhance creative thinking, productivity & communication, however, the exact opposite is also possible if we are not aware of our habits. Fostering healthy digital literacy is a community responsibility, Modeling thoughtful usage is an important place to begin & having ongoing conversations can provide supportive development of digital identity for the children & youth in SD23. Here is a great way to think about information, especially on the internet (an oldy but a goodyl):



- T- Is it true?
- H- Is it helpful?
- I- Is it inspiring?
- N-Is it necessary?
- K-Is it kind?



Here's what's happening with SD23 students:

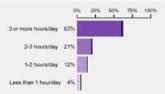
Most youth (98%) had a phone or tablet and commonly used it for scrolling through social media and connecting with family and friends. (2023 McCreary)

In the past year, 17% of Okanagan youth felt or had been told that their social media use had reached a point where they **needed help**. The rate was similar across BC. (2023 McCreary)

In the past year, 15% of youth reported that they had been **cyberbullied**. Also, 8% reported that they had perpetrated cyberbullying during that time. (2024 Youth Research Slam-McCreary)

Screentime and Sedentary Behaviour -In the past week, the number of hours youth reported being on a computer, tablet, or smartphone outside of school hours (i.e., working, surfing the internet, etc.) (2024 YDI)

Thanks for reading,
Alicia Kudryk and Andrea Locke
Health Promoting Schools Coordinators



www.reallygreatsite.com



FROM THE COMMUNITY

BARN OWLS VOLLEYBALL Spring and Summer CAMPS

Barnowlsvolleyball.com



Boys & Girls Ages 13U

INDOORS

Train & Play Central Sports Dome, Kelowna July 7-10, 2025 8:00-11:00am \$350 per athlete

Boys & Girls Ages 14U-17U

INDOORS

Train & Play Central Sports Dome, Kelowna July 14-17, 2025 8:00-11:00am \$350 per athlete

Boys & Girls Ages 14U-17U

INDOORS

Train & Play Central Sports Dome, Kelowna August 11-14, 2025 8:00-11:00am \$350 per athlete

Boys & Girls Ages 13U

INDOORS

Train & Play Central Sports Dome, Kelowna August 18-21, 2025 8:00-11:00am \$350 per athlete

Register @ barnowlsvolleyball.com



IMPORTANT LINKS

Pearson Road Elementary

SCHOOL ABSENCES and COMMUNICATION:

Please make sure you have signed up with SchoolMessenger to report all lates, absences and early departures. You are required to inform the school when your child will be absent from school. This app makes that reporting very easy for you.

SchoolMessenger

SchoolMessenger App

SchoolMessenger is also how the school communicates with you! If there are any issues with you not receiving messaging please contact us as there may be an issue with the email address we have on file for you.



Please click here to see how to register for School Cash Online



Follow @sd23news on Instagram!

Please take a moment to follow @sd23news on Instagram (and the same on Facebook and X if you haven't yet!)

