

### May 29 - June 9, 2023

# WHAT'S HAPPENING AT PEARSON ROAD

### **Principal's Message:**

Next week starts the final month of the school year! Wow, time flies when you are having fun!

I must share the incredible amount of pride we have had for our Panthers over the last couple of weeks. We have had FOUR different occasions in which community members have shared with us exceptional stories of excellence about our students. The Canadian School of Ballet performed for us and said that they have never had such a positive and appreciative response. Our Intermediates at the Track and Field day, not only received excellent athletic results, they were also recognized for outstanding behavior, sportsmanship and kindness. We also had an excellent result at the District Robotics competition in which our Elementary students outperformed many middle school teams and were recognized for their maturity and leadership. Finally, just today we were visited by the Merritt and Princeton Senior Bands who were blown away at the positive and welcoming vibes they felt. Pearson Road is such a good place to be. ♥

As always, should you have any concerns or questions please feel free give me a call anytime or book a time to pop in!

Sincerely, Nina Ferguson

Monday, May 29	Tuesday, May 30	Wednesday, May 31	Thursday, June 1	Friday, June 2
Learn2Ride - Grade 4/5			RMS Band & Choir 12:30- 1:30	Learn2Ride - Grade 4/5
Monday, June 5	Tuesday, June 6	Wednesday, June 7	Thursday, June 8	Friday, June 9
		District Track & Field - Gr. 4/5's		

### Important Dates to Remember:

Grade 5 Year End Trip	June 14	EN)
PSE PAC Carnival 5-7:30 PM	June 21	
PSE PAC Meeting 5-6 PM	June 21	
Gr 5 Farewell Celebration 1:30-2:30	June 23	



Copies of School Newsletter: "What's Happening at Pearson Road" can be found on our school website under the Parents tab> School News



### WHAT'S HAPPENING AT PEARSON ROAD

### **HOT LUNCH at PSE!**

Hot Lunch is available each Wednesday, and is a school-fundraiser organized by our PAC. Families can choose to order food items if they choose to one month at a time.

Ordering for each month happens in the month prior please see here for further information:

**HOT LUNCH ORDER CLICK HERE** 



# **Interested in Digital Wellness?**

Bite-sized learning ideas and resources to help families learn to live well in a digital world. If you would like the monthly newsletter with helpful tips, ideas, resources, and more! Sign-up HERE

### Name it to tame it!

Often, when children experience strong emotions, they don't know how to express or process how they are feeling. This can cause temper tantrums, withdrawal, hitting or other unhelpful behaviour. Learning to recognize emotions in ourselves can help manage the feelings associated with them. Naming the emotion can help. This technique is called, "Name it to tame it." Click <a href="here">here</a> to learn more about how this technique can help us manage our emotions.

Labeling our feelings is a scientifically proven tool that can help us and our children regulate our emotions when life gets stressful. Using language like, "I can see your feeling angry" can help your child get used to naming how they feel. Adults can also model this behaviour by saying, "I'm feeling sad right now."

"Name it to tame it" gives us space and time to thoughtfully respond to situations rather than react in an unhelpful way.

With Kindness, Mrs. Church (Social Emotional Learning) maegan.church@sd23.bc.ca

# All student absences and lates must be reported through the <u>School Messenger App</u>:



You can enter absences in SchoolMessenger in 3 ways:

(1) Enter an Absence Using the Smartphone App

Download on





- (2) Enter an Absence Using the Online Parent Portal visit go.schoolmessenger.ca
- (3) Enter an Absence by Calling the School press "1" and follow the prompts

## **Planning Playdates at School**

We have noticed an increase of students trying to plan playdates with school friends while at school. While we love to hear that our students are building great friendships with

school friends, please have your student get permission, organize rides and make arrangements at home the day before. We have noticed an increase of students needing the office phone to make play date plans rather than having it available for emergency use.





While we acknowledge the valuable experiences that travel can bring to your families, we want to be sure you understand that extended family vacations can be complicated for several reasons. Students will miss valuable learning that teachers cannot replicate for you. Teachers will not create work packages for vacations, as they must focus on creating valuable in-person learning opportunities. As we have many students wishing to attend Pearson Road, students on extended vacations (longer than 1 month) may be required to withdraw from our school and reapply upon their return. We cannot guarantee availability at that point. Should you have further questions please contact Mrs. Ferguson to discuss.

# **School Traffic Incidents**

If you see any concerning school traffic incidence's on your way to or from school please report it. Fill out this report to collect all the important and relavant information needed to take action.



# What Bullying Is and Is Not

### What bullying is NOT

It is important to distinguish bullying from other unkind, mean and harmful behavior.

Calling someone a name or pushing someone once

Being rude or having an argument with someone is not bullying

Hurtful behaviour that kids do back and forth, to each other

Of course, these behaviors should be addressed but may have different consequences and interventions, which is why the distinction is critical.

### What is bullying?

It involves:

Unequal power - One child has more power than another child (or it seems this way to the children involved). Hurtful actions - Physically or psychologically harmful behaviour takes place, which can be direct or indirect actions.

Repetitive behaviour - The hurtful actions keep happening.

One sided- The hurtful actions are done by one child to another and not reciprocated

To be defined as bullying, all 4 of the previous components must be present: (1) repeated actions or threats, (2) a power imbalance, (3) intention to cause harm and (4) one-sided.

# Optional Elementary Track & Field Events for your athletes outside of school



Jack Brow Memorial Track & Field Meet Kelowna, British Columbia June 30 - July 2, 2023 This event is open to all athletes from age 9 - 99.

Elementary, Middle and High School athletes who are NOT members of BC Athletics may register by paying the \$3 Day of Event fee in addition to their entry fees. Registration information can be found at <a href="https://www.trackie.com/online-registration/register/jack-brow-memorial-track-field-meet/488885/">https://www.trackie.com/online-registration/register/jack-brow-memorial-track-field-meet/488885/</a>

# **Time for Sunscreen**

As we move into summer weather and more beautiful sunshiny days please send your children to school with sunscreen already on.





# GOBYBIKEWEEK **MAY 29-JUNE 4, 2023**

FREE REGISTRATION: GOBYBIKEBC.CA



REGISTER HERE

REGISTER AND ENTER TO WIN ONE OF MANY GREAT PRIZES INCLUDING AN **EXODUS TRAVELS** CYCLING ADVENTURE IN CROATIA!













# HOST FAMILIES NEEDED FOR SEPTEMBER 2023!

Our Homestay Coordinators are now matching students with families for 2023-24 placements.

Please apply soon if you are interested.

Email: homestay@sd23.bc.ca

Phone: 250-470-3258



# \$1,100/MONTH PER STUDENT (MAX. 2 STUDENTS)



## Central Okanagan Public Schools

International Education











#### PLAY Skills | Half-Day Camp Ages 6-9

PLAY Skills Camps are designed to support the development of fundamental movement skills such as throwing, catching, running and jumping. With these skills, kids have a foundation to explore and enjoy different sports and physical activities for life.

\*July 4-7 | Full Day - afternoon session facilitated by RDCO

### XploreSportZ | Full Day Camp Ages 9-12

For sport-lovers who want to experience a variety of new and exciting sports under the direction of certified coaches. If you're tired of the same-old sport scene, discover the Xcitement of XploreSportZ camps! Camps include opportunities to try new sports, instruction from certified coaches, daily recreational swims or skates, the "XploreSportZ Olympics" and loads of fun! A bicycle is required.

Photo: Candid Apple Collective

# SPRING VOLLEYBALL PROGRAMS

INDOOR &
OUTDOOR
STARS AT \$49

**MAY 22 - JUNE 29** 







Funded by the Government of Canada Financé par le gouvernement du Canada





French Immersion Kindergarten
Informational Session:
Tuesday, January 17, 2023
@ 6:00-7:00pm
bit.ly/FI-Information-Session

# ONLINE APPLICATION for STUDENT ENROLLMENT begins on Monday, January 30, 2023, at 7:00 am for 2023 - 2024 School Year

(for kindergarten, new students, and Programs of Choice for K - 12)

Schools will be open at 7:00 am to provide telephone support to parents that require assistance.

Documentation Submission Deadline: Friday, March 17, 2023

If you are new to Canada, please contact the Welcome Centre for enrollment information at (250)470-3258

#### **HOW TO APPLY**

PLEASE NOTE: The application process is online only. You are required to have a valid email account.

In your web browser type: <a href="https://enrollment.sd23.bc.ca">https://enrollment.sd23.bc.ca</a>

No internet access? Please contact your school for assistance.

Online applications begin on Monday, January 30, 2023 at 7:00 am. Applications will be assigned a date-time stamp on a first-come, first-served basis, which will factor into a student's placement priority.

Complete the online application as early as possible, and provide the required documents listed below <u>directly to the school</u> by email by **Friday, March 17, 2023**.

- 1. Student's **Birth Certificate** or other government issued proof of age and citizenship.
- 2. Proof of Parent/Guardian B.C. Residency
  - a. Combination BC Driver's License and Services Card (copy of both sides); or,
  - b. BC Services Card (copy of both sides) and one item from the list of supporting documentation below; or,
  - c. Proof of application for BC Medical Services Plan and one item from the list of supporting documentation below.
- 3. Proof of Parent/Guardian Living Address/Supporting Documentation
  - Ownership of a dwelling or long-term lease or rental of a dwelling;
  - Documentation indicating British Columbia residence (i.e. utility bill);
  - British Columbia registration of an automobile;
  - British Columbia Driver's License (copy of both sides); or,
  - A current income tax return filed as a British Columbia resident.

#### **AFTER Thursday, August 31, 2023**

**New in-catchment area enrollments:** Parents will receive a confirmation email when the school has accepted the student's application for enrollment. Board Policy 405R – Student Placement (Regulations), will be used to determine student placement and priority.

**New out-of-catchment area enrollments:** Parents <u>may not</u> be notified until after the summer enrollment period is over and all in-catchment area students have been placed.

**Qualifying age:** The School Act requires that a child must be five years of age by December 31, 2023, to qualify for school enrollment in September 2023. No exceptions.

For further information, please visit the School District website www.sd23.bc.ca or call (250) 860-8888.