

Feb 12-23, 2024 WHAT'S HAPPENING AT PEARSON ROAD

Principal's Message:

Happy Lunar New Year, welcome to the Year of the Dragon. This week members of the East and Southeast Asian communities will celebrate the Lunar New Year. This is a time for families to gather, exchange gifts and feast on traditional foods. Wishing everyone a happy and prosperous Lunar New Year!

Two opportunities for parent feedback are available to you:

- 1. Ministry of Education's Parent survey closes Friday, April 26th, 2024.
- Go to: www.bced.gov.bc.ca/sat survey/access.htm
- Go to the Parents section and choose: Direct Access-NO LOG ON number required option (bottom right)
- Select District: 23 Central Okanagan
- School: Pearson Road Elementary School
- 2. **SD23 Public Budget Survey**: The School Board is inviting parents and staff for feedback about the preliminary budget for 2045/2025. Click here to take the Survey: https://my.thoughtexchange.com/scroll/462587231/welcome

This month at PSE we are spending time talking about empathy, love and kindness. We are also highlighting information about Black History Month: Here is a link to some resources: https://bcblackhistory.ca/. February includes National Inclusive Education Month, Human Rights Month, Pink Shirt Day and Pearson's Harmony Day. More information to follow!

Warm regards, Sincerely, Mrs. Nina Ferguson

Monday, Feb 12	Tues, Feb 13	Wed, Feb 14	Thursday, Feb 15	Friday, Feb 16
		Intermediates go to Big White		Teacher Pro-D Day (NO SCHOOL for students)
Monday, Feb 19	Tues, Feb 20	Wed, Feb 21	Thursday, Feb 22	Friday, Feb 23
Family Day (NO SCHOOL for students)				Terrific Kids Assembly

Important Dates to Remember:

PAC Meeting (Library at 5:30pm)	Feb 26	
Pink Shirt Day	Feb 28)
Harmony Day (please watch for further info in next newsletter)	Feb 29	
2nd Tern Student Learning Updates go home	March 14	
Spring Break Begins	March 16	
First day back from Spring Break	Tuesday, April 2nd	

Copies of School Newsletter:
"What's Happening at Pearson
Road" can be found on our school
website under the
Parents tab> School News





WHAT'S HAPPENING AT PEARSON ROAD

SEL CORNER

Empathy

This month at Pearson Road, we're focusing on the trait of empathy. Empathy has two parts. The first is the learned ability to understand and connect with another person's feelings. The second is to respond to that person to show them that you care.

This response can be as simple as saying, "I'm so sorry that this happened to you." However, the situation may call for you to step out of your comfort zone. For example, if you know a wrong has been done to another, you may need to disagree with your social group in order to stand up for somebody.

Click on the following link for a good book to read with your children, called The Invisible Boy by Trudy Ludwig. This story is about a little boy who is ignored at school, how he feels about it, and how he makes a friend.

After reading the story, you could ask your child the following questions: How would you feel if you were Brian? How could you help Brian if you were a character in the story? Is there anyone at school who is left out or ignored? How can you help them?



Empathy is a crucial trait that enables us to understand and connect to others, regardless of how different we may perceive them to be. Cultivating empathy is a building block to strong and healthy relationships, in childhood and when we're adults.

Sincerely, Ms. Church Social Emotional Learning Teacher maegan.church@sd23.bc.ca



Pearson Road Elementary Hot Lunch Program

Pearson Road Elementary Hot Lunch Program is now open for any parents who wish to order for lunches their student(s). Ordering for Mondays is week by week (orders in by the Wednesday prior) and Wednesday's Hot Lunch is done month by month.

Parents must create an account on the MunchaLunch website. Ordering and payments are managed through <u>Munchalunch</u>. ALL ORDERS AND PAYMENTS MUST BE DONE ONLINE. We cannot be accept cash or cheque payments at the school. Munchalunch Website

This program is run by the Pearson PAC, all questions should be directed to pse.pac@sd23.bc.ca

SCHOOL ABSENCES and COMMUNICATION:

Please make sure you have signed up with <u>SchoolMessenger</u> to report all lates, absences and early departures. You are required to inform the school when your child will be absent from school. This app makes that reporting very easy for you.

SchoolMessenger

<u>SchoolMessenger App</u>

SchoolMessenger is also how the school communicates with you! If there are any issues with you not receiving messaging please contact us as there may be an issue with the email address we have on file for you.



WHAT'S HAPPENING AT PEARSON ROAD

PAC PAGE

Upcoming PAC Dates: Mon Feb 26 - PAC Monthly Meeting - 5:30pm in Library



Spring Sports in the Community

Spring Sports - Registration is open for spring sports, if you are interested register as soon as possible.

See attached links for soccer, baseball, basketball, and flag football.

Funding options:

KidsSport - open for applications

JumpStart - which is accepting application sometime this month

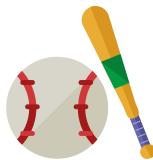
Rutland Youth Soccer: https://www.rutlandyouthsoccer.ca/article/90174

Baseball: https://www.comba.ca/registration-contact

Basketball: https://www.kelownaminorbasketball.com/

Flag Football: https://kmfa.ca/pages/flag









Central Okanagan Family Hub - Kelowna

<u>www.facebook.com/COFHP</u> for up-to-date info or <u>www.cofh.ca</u> Hours: Monday - Friday, 9:00am – 4:00pm

February 2024



Monday	Tuesday	Wednesday	Thursday	Friday
Program Key: Red = Registered Program: Pre-reg	istration required. Closed group t	Song, Story & Rhyme, 9:30am-10:30am	Parent Talk, 9:30am-12:00pm	
Green = Drop-in: Join without prior	registration.	Nobody's Perfect, 11:00am-1:30pm Connect & Play, 2:00pm-4:00pm	Play Time, 12:00pm-2:00pm Language Cafe, 2:00pm- 4:00pm	
Circle of Security, 9:30am-11:30am Family Friend, 12:00pm-2:00pm Connect & Play, 2:00pm-4:00pm	Play Time, 9:30am-11:30am Song, Games & Stories, 10:00am-10:30am IPALS, 11:00am-2:00pm Play Time, 2:00pm-4:00pm	Japanese Story Time, 10:30am-1:00pm Play Time, 1:00pm-4:00pm	Song, Story & Rhyme, 9:30am-10:30am Nobody's Perfect, 11:00am-1:30pm Connect & Play, 2:00pm-4:00pm	Parent Talk, 9:30am-12:00pm Play Time, 12:00pm-2:00pm Language Cafe, 2:00pm-4:00pm
Circle of Security, 9:30am-11:30am Physio with Melina, 9:30am-11:30am Family Friend, 12:00pm-2:00pm Connect & Play, 2:00pm-4:00pm	13 Play Time, 9:30am-11:30am IPALS, 11:00am-2:00pm Play Time, 2:00pm-4:00pm	Food Support Program, 9:30am-12:30pm Play Time, 1:00pm-4:00pm	Song, Story & Rhyme, 9:30am-10:30am Nobody's Perfect, 11:00am-1:30pm Connect & Play, 2:00pm-4:00pm	Play Time, 12:00pm-2:00pm Language Cafe, 2:00pm-4:00pm
CLOSED for Family Day	Play Time, 9:30am-11:30am Song, Games & Stories, 10:00am-10:30am IPALS, 11:00am-2:00pm Play Time, 2:00pm-4:00pm	Japanese Story Time, 10:30am-1:00pm Play Time, 1:00pm-4:00pm	Song Story & Rhyme, 9:30am-10:30am Nobody's Perfect, 11:00am-1:30pm Connect & Play, 2:00pm-4:00pm	Parent Talk, 9:30am-12:00pm Play Time, 12:00pm-2:00pm Language Cafe, 2:00pm-4:00pm
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Programs this Month:

Call or text to 236-970-4567 for your scheduled Family Hub time. The Hub is open from 9:00am – 4:00pm every day.

Drop-in Family Play Time at the Hub, The Bridge Youth and Family Services

Parents/caregivers with children are welcome to drop-in for a family play time in the HUB playroom. For more information call the HUB at 236-970-4567. Tuesdays, starting at 9:30am.

Food Support Program, The Bridge Youth and Family Services, Helen's Acres Community Farm, Central Okanagan Community Food Bank Receive essential food security support while connecting with community partners each week to explore local resources.

Email Laura at laura.banman@thebridgeservices.ca or Tong at tongriang@cofh.ca to book an appointment.

By Appointment Only. 2nd & 4th Wednesdays, 9:30am-12:30pm.

Registered Outato Ohanashino Kai (Japanese Story Time for infants & toddlers)

Japanese Storytime provides a space where children can practice and reinforce the Japanese language and culture, also it serves as an immersive space that is 100% Japanese.

Registered Members Only. 1st & 3rd Wednesdays, 11:00am-1:00pm.

Drop-in Physio with Melina

Milena Perini, Pediatric Physiotherapist from Physio for Kids is available once a month to address inquiries on infant motor development, tummy time, engaging activities for babies and toddlers. For children aged 0-4 years.

Once a month, call <u>236-970-4567</u> to book. Appointments start at 9:30am.

Registered Connect & Play - KCR Family Friend Program



Playtime for moms and children is part of the Family Friend Program. Meet other moms in the program and let your children play. Select Tuesdays, 12:00pm-2:00pm. Email familyfriend@kcr.ca, or visit www.kcr.ca/family-services/family-friend.

Drop-in Parent Talk: The Bridge Youth and Family Services

Support and information group for parents of children 0-6 years old. Opportunity for parents to share and gather information about issues that are impacting their lives and their parenting, create connections, and be a part of a supportive parenting community. Child care is provided. Please bring a snack for your child(ren).

Select Fridays, 9:30am. If you are new to this group and would like to join, call Laura at 250-878-6331.

Drop-in Connect and Play, Childhood Connections Childhood Connections

Every Monday & Thursday join a staff from Childhood Connections CCRR to engage, create and connect. Childhood Connections CCRR staff will be there. Drop-in, Mondays & Thursdays, 1:00pm-4:00pm.

Drop-in Song, Story & Rhyme time, Childhood Connections



This program will celebrate diversity, embrace communication through songs, rhymes and stories, and promote an environment where every child and family feel valued and included.

Drop-in, Thursdays, 9:30am-10:30am.



Registered Circle of Security - The Bridge Youth and family services

At times families feel lost or without a clue about what our child might need from us. Circle of security parenting program is based on decades of research about how secure parent-child relationships can be supported and strengthened.

Registration Required, January 15-March 11, Mondays, 9:00am. Course is full - for updates about future offerings, call the Hub at 236-970-4567.

Drop-in Songs, Rhymes, Games and Stories: Rutland Branch, Okanagan Regional Library LIBRARY LIBRARY LIBRARY Join the Rutland Public Library for an energetic half hour of songs, rhymes, games, and stories that focus on early literacy and language development.

Drop-in, 1st & 3rd Tuesdays, 10:00am-10:30am.

Registered No Body's Perfect Parenting Program - YMCA of Southern Interior BC, Free 6 Week Parenting Program Work with a trained facilitator and discover positive parenting ways. Share questions, concerns, ideas and discuss real life parenting situations. Registration Required, January 18-February 22, Thursdays, 11:00am-1:30pm. Course is full - for updates about future offerings, call the Hub at 236-970-4567.

Registered IPALS: (Immigrant Parents as Literacy Supporters) - Project Literacy

Free 8 weeks literacy program that aims to help immigrant and refugee families and caregivers learn new strategies to support their preschool and kindergarten aged children's learning in fun and interactive ways.

Registration Required, January 9-February 27, Tuesdays, 11:00am-2:00pm. Course is full - for updates about future offerings, call the Hub at 236-970-4567.

Drop-in Language Cafe- For newcomers! A free program where you can begin learning fundamental English skills. Specifically designed for individuals with zero English proficiency. We also provide childcare support for your convenience. **Drop-in, Fridays, 2:00pm-4:00pm.**