

#### June 26 - June 30, 2023

## WHAT'S HAPPENING AT PEARSON ROAD

#### **Principal's Message:**

Wow! This is the final newsletter for the 2022-2023 school year. Your students learned together, played together, grew together and created together and what a joy it has been for us to be a part of their journey. We appreciate your support throughout the year and look forward to continued connection in the 2023-2024 school year.

A great big thank you to our PAC for hosting the PSE Carnival this week It was so much fun for all! Thank you to the PAC who made it happen. Parents in attendance expressed so much gratitude for the hard work that went into it. Please consider joining the PAC next year, everyone is welcome and encouraged. Your involvement in planning events will help to continue to build our sense of community and belonging.

We have been gifted many used children's clothing items along with unclaimed lost and found items. They are various sizes and seasons. Stop by the school from Monday, June 26 to Wednesday, June 28 2023 between 2:15-2:45pm to grab any items your family could use.

Thank you to the grade 5 families who were able to join us for the Grade 5 Celebration Ceremony today. We are so proud of our Pearson Panthers, and wish them the VERY BEST as they move on to middle school. You are ready! Go follow your dreams and set high standards for yourself.

We wish you all a wonderful summer holiday together and look forward to seeing each and every one of our Pearson Panthers on Tuesday, September 5th for our half-day start up. We are already planning for a fantastic year and can't wait to bring back some of our awesome family events.

Sincerely, Nina Ferguson

Monday, June 26	Tuesday, June 27	Wednesday, June 28	Thursday, June 29	Friday, June 30
School Play Day	Back-up Play Day (if rain)	Terrific Kids Assembly 10-11 AM	Report Cards home Last day of school for students 8:30-2:30	No School for Students

#### Important Dates to Remember:

•	
Labor Day	Sept 4 - No School
First Day of School (No Kindergarten Students)	Sept 5 - 8:30-11:00 AM
Kindergarten Start (see modified schedule on the calendar and further details under the Parents/Kindergarten Menu on the website)	Sept 6 - 8:30 AM -2:30 AM



#### **Maintaining Good Summer Habits**

While enjoying our summer break, students will be having new adventures and will be doing different activities. However, this doesn't mean that we should forget the good habits that were built during the school year.

One important thing parents and caregivers can do is to <u>limit screen time</u>. The Canadian Paediatric Society recommends less than 2 hours a day for all children over the age of five.

The <u>Nationwide Children's Hospital</u> suggests these additional seven ways parents can help to maintain a summer structure.

- **1. Have set bedtimes, wake up times and routines.** The times may not be as early as during the school year, but should be consistent throughout the entire summer.
- **2. Don't throw away the rules and chore charts; maintain expectations.** While kids are able to have some more flexibility, make sure they are still aware of rules and responsibilities throughout the summer. This will help avoid power struggles, so you can maintain a positive relationship with your child all season long.
- **3. Have a visible schedule** for your kids so they know when activities are happening throughout the week and aren't caught off guard.
- **4. Try to have your kids eat breakfast, lunch and dinner at the same time each day** ensuring they are eating and drinking enough throughout the hot summer days. This also helps break up the day into smaller pieces, making it easier to manage.
- 5. Get children linked with summer activities (i.e., summer camps, sports, summer school). This will help them remain active and social so they aren't inside on their computers all day. Typically, summer activities have their own schedule which will help reduce daily chaos.
- **6. Start getting back into the school year routine before school starts** so you can work out all the kinks before the first day.
- 7. Most importantly, have fun with them!

With Kindness, Mrs. Church (Social Emotional Learning) maegan.church@sd23.bc.ca

# Sizes All sections FRE SHOPPING

Monday June 26 – Wednesday June 28 between 2:15– 2:45 pm

We have been gifted many used children's clothing items along with unclaimed lost and found items. They are various sizes and seasons.

Stop by the school from Monday June 26 — Wednesday June 28 between 2:15— 2:45 pm to grab any items your family could use.



#### TWO FUN WAYS TO PARTICIPATE



Teleport to your local library to join the **FREE** Summer Reading Club!

You can join anytime during the summer.



Join the online Summer Reading Club.

Available all summer at **bcsrc.ca** 

#### The Bug Guys

Family | Drop-In

This will be a fun, safe and interactive way for animal lovers of all ages to get up close and personal with exotic animals from around the world. Join Stuart and his cast of colourful friends, including Lumin the Dumeril's Boa, and Jub-Jub the Green Iguana, for an hour of captivating stories and fun facts. Thursday | July 6 | 2:00 PM PST - 3:00 PM PST

#### **Checkmate! Chess for Kids**

School Age | Registration Required

Time to Rook & Roll! Come explore the world chess! Learn how the game is played. Participate puzzles for prizes. Test your skills against other players your age. Just get that noggin working to win book draw tickets and special prizes! School age kids of all knowledge levels are welcome! Wednesday | July 19 | 3:00 PM PST - 4:00 PM PST Wednesday | August 2 | 3:00 PM PST - 4:00 PM PST

#### **Leif David**

Family | Drop-In

TIME to experience real MAGIC! In the "Journey Through Time!" Magic Show you'll see Magician Leif David predict the future, a moment of magic becomes impossibly frozen in time, and messages from the past and future appear right before your eyes! Wednesday | August 16 | 2:00 PM PST - 4:00 PM PST

#### Visit your local library all summer long to discover **free activities, contests and more!**

#### Hours of Operation

MON	10	am	-	5	pm
TUE	10	am	-	8	pm
WED	10	am	-	8	pm
THU	10	am	-	5	pm
FRI	10	am	-	5	pm
SAT	10	am	-	5	pm
SUN	Closed				

Website
orl.bc.ca
Facebook.com/
kelownalibraries
Twitter.com/
ORLreads
Email
info@orl.bc.ca
Address
Plaza 33 Mall
#20 - 301 Hwy. 33 West
Kelowna, BC
VIX 1X8

Phone Number 250.765.8165



Canada Safety Council
SUMMER 2023

# HOME ALONE AND BABYSITTING COURSES

#### **HOME ALONE COURSE**

Time: 9:00 am - 12:00 pm

Age: 9 yrs and up



#### **BABYSITTING COURSE**

Time: 9:00 - 2:00 pm Age: 10 yrs and up

Register online at www.babysittingkelowna.com or text/call 250-317-2868 or email: kidz4safety@gmail.com

KELOWNA, PEACHLAND, PENTICTON, LAKE COUNTRY





Event hosted by Kelowna Ringette

# TRY RINGETTE for free!

Capital News Centre July 7 - 5:30-6:30pm Ages 4-11 years
Mentor Instructed
Intro to skating
No experience
needed



### **REGISTER NOW**

Email wra.register@gmail.com for additional info



# TELLING OUR STORIES: THE LITERACY ISSUE



# **SCAN ME! TO READ THE ISSUE**

POEMS, SHORT STORIES, ESSAYS, & MORE FROM ACROSS OUR DISTRICT

YOUNG WRITERS FROM K-12 SHARE THEIR CREATIVITY LITERACY LEARNING IN ACTION FOR YOUR SUMMER READING

VISIT SD23.BC.CA & @SD23NEWS ON FB & TWITTER

## HOST FAMILIES NEEDED FOR SEPTEMBER 2023!

Our Homestay Coordinators are now matching students with families for 2023-24 placements.

Please apply soon if you are interested.

Email: homestay@sd23.bc.ca

Phone: 250-470-3258



#### \$1,100/MONTH PER STUDENT (MAX. 2 STUDENTS)



#### Central Okanagan Public Schools

International Education











#### PLAY Skills | Half-Day Camp Ages 6-9

PLAY Skills Camps are designed to support the development of fundamental movement skills such as throwing, catching, running and jumping. With these skills, kids have a foundation to explore and enjoy different sports and physical activities for life.

\*July 4-7 | Full Day - afternoon session facilitated by RDCO

#### XploreSportZ | Full Day Camp Ages 9-12

For sport-lovers who want to experience a variety of new and exciting sports under the direction of certified coaches. If you're tired of the same-old sport scene, discover the Xcitement of XploreSportZ camps! Camps include opportunities to try new sports, instruction from certified coaches, daily recreational swims or skates, the "XploreSportZ Olympics" and loads of fun! A bicycle is required.

Photo: Candid Apple Collective

# SUMMER VOLLEYBALL

INDOOR, GRASS & BEACH PROGRAMS

**RUNNING WEEKLY JULY 3 - AUGUST 18!** 

GIRLS & BOYS, ALL SKILL LEVELS

HIGH-LEVEL EXPERIENCED COACHING

**GRASS DAY CAMPS (\$125/WK)** 

Monday to Friday, Grades 4-7 & 7-10

**INDOOR DAY CAMPS (\$200/WK)** 

Monday to Friday, Grades 5-8 & 8-12

**BEACH PROGRAM (\$350/SUMMER)** 

Grades 8-10 (Tuesday & Thursday)

Grades 10-12 (Monday & Wednesday)

**GRASS LEAGUE (\$200/SUMMER)** 

Grades 8-12 (Tuesday & Thursday)



MORE INFO HERE!



GENESIS ATHLETICS CLUB IS A COMMUNITY-RUN,
REGISTERED NON-PROFIT CLUB BASED IN KELOWNA





JULY				AUGUST					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
No Park & Play (stat holiday)	Quilchena Park	5 Gerstmar Park	6 Rowcliffe Park	7 Caro Park	Johnson Road Park	Knowles Heritage Park	2 Matera Glen Park	3 Ben Lee Park	Lund Park
Wiggles- worth Park	Quilchena Park	Gerstmar Park	Rowcliffe Park	Caro Park	7 No Park & Play (stat holiday)	Knowles Heritage Park	9 Matera Glen Park	Ben Lee Park	Lund Park
Hartwick Park	Jack Robertson Park	Cameron Park	20 Rutland Centennial Park	Summer- side Park	Sonora Park	Quarry Park	16 Duggan Park	17 Blair Pond Park	18 Mugford Park
Hartwick Park	Jack Robertson Park	26 Cameron Park	27 Rutland Centennial Park	Summer- side Park	Sonora Park	Quarry Park	23 Duggan Park	Blair Pond Park	25 Mugford Park

ParksAlive! is on location with musical entertainment until 8:30 p.m. Visit festivalskelowna.com for the schedule.

Parents/Guardians are responsible for the care and supervision of their children.

Don't forget sunscreen and water!



Pop-up Park & Play is in addition to Park & Play!
Find out where Park & Play will "pop-up"
every Wednesday morning at
kelowna.ca/parkandplay

