



June 3-14, 2024

WHAT'S HAPPENING AT PEARSON ROAD

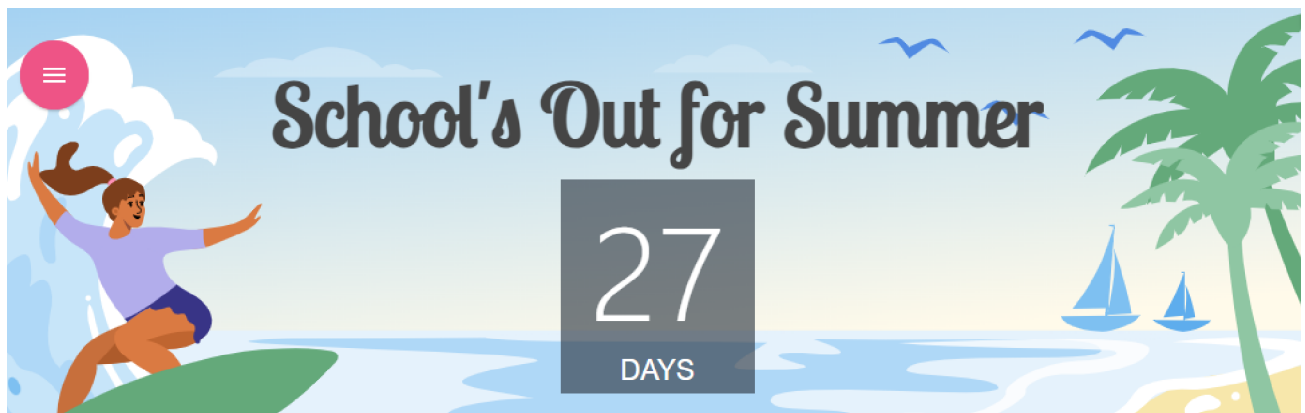
Principal's Message:

I can hardly believe that this is my second to last *What's Happening at Pearson Road!* I have loved celebrating all the wonderful things happening at our school and letting you know what is coming next. It is so energizing! Nothing like Hip Hop class or Carnival Night, to bring the fun!

June is a busy month with lots of events. Please be mindful of checking agendas, Dojo messages and the school calendar on our website. This will help you support your students in being as prepared as possible for the fun!

Incoming kindergartens have spent the month of May in our Head Start program two afternoons each week. This time together helped children to see themselves as students and helped educators build classes in an informed way. We are so appreciative for the parental support of this program. Should you have any student specific information to share, please feel free to reach out to me during the month of June at Nina.Ferguson@sd23.bc.ca or after June please email incoming Principal, Mrs. Jasmeet Virk at Jasmeet.Virk@sd23.bc.ca.

Warm regards,
Mrs. Nina Ferguson



Monday, June 3	Tues, June 4	Wed, June 5	Thursday, June 6	Friday, June 7
Young Actors Sessions Begin	Book Swap Collection Week	Apple Bowl Grade 4 & 5 District Championship	Book Swap Collection Week	Book Swap Collection Week
Monday, June 10	Tues, June 11	Wed, June 12	Thursday, June 13	Friday, June 14
Summer Reading Program Visit	Book Swap Collection	Book Swap Day		

Important Dates to Remember:

June/Final PAC mtg	Monday, June 17th
National Indigenous Peoples Day	Friday, June 21st
Grade 5 Farewell 1:00pm	Friday, June 21st
School Fun Day (weather dependent - Option A)	Monday, June 24th
School Fun Day (weather dependent - Option B)	Tuesday, June 25th
School office open 10am-3pm no school for students	Friday, June 28th



Copies of School Newsletter: "What's Happening at Pearson Road" can be found on our school website under the Parents tab> [School News](#)



WHAT'S HAPPENING AT PEARSON ROAD

SEL CORNER

GET OUTSIDE!!! Enjoy the



Need an excuse to get out of the house? Research continues to demonstrate that being outside and experiencing nature can improve our mental health and increase our ability to focus. Many of us are in front of a screen for much of our day – whether that be a computer, TV, or smartphone. As a result, we spend less time outside experiencing the natural world. Here are some reasons why we all can benefit from taking a nature break.

1. Nature can help us improve our thinking, reasoning, and other mental abilities. When we're in urban environments or the office all day, we can experience sensory overload, resulting in tension and mental fatigue. Studies have shown that our minds and bodies relax in a natural setting. This increases feelings of pleasure and can help us concentrate and focus more effectively, according to studies in the National Library of Medicine.
2. Nature can improve physical wellness. Getting out into nature can lead us to want to walk, bike, hike, or kayak more often. People typically engage in regular physical activity when they're in nature. So, stepping outside can help you keep a healthy weight or even lose weight by increasing activity levels.
3. Being outside can improve your mental health. Nature can help decrease your anxiety levels and can help lessen stress and feelings of anger. Exercise can also help this, but it's even better when you're outside.

But, REMEMBER YOUR SUNSCREEN!

Pearson Road Elementary Hot Lunch Program

Please note:

Wednesday's Hot Lunch is ordered month by month (order deadline -end of each month). Friday' in-house lunch is not running in June.

Parents need to create an account on the MunchaLunch website. Ordering and payments are managed through Munchalunch. ALL ORDERS AND PAYMENTS MUST BE DONE ONLINE. We cannot accept cash or cheque payments at the school. Munchalunch Website

This program is run by the Pearson PAC, all questions should be directed to pse.pac@sd23.bc.ca



SCHOOL ABSENCES and COMMUNICATION:

Please make sure you have signed up with [SchoolMessenger](#) to report all lates, absences and early departures. You are required to inform the school when your child will be absent from school. This app makes that reporting very easy for you.

SchoolMessenger App

SchoolMessenger



SchoolMessenger is also how the school communicates with you! If there are any issues with you not receiving messaging please contact us as there may be an issue with the email address we have on file for you.



A HUGE THANK You to everyone who helped make our 2024 carnival a grand success! We are so grateful for your generous donation of goods and time that made this event really special for all the Pearson Panthers. It was amazing to see so many of our families having fun together, and the funds raised will contribute to educational experiences for your kids in the coming year.

Our PAC AGM was held on May 27, and we appreciate so many parents coming to select next year's executives. Your involvement with the PAC really makes a difference to your child's school experience! Your 2024-2025 PAC representatives are:

President - Veronica Meola

Vice President - Gina-Lily Cooper

Treasurer - Gemma Robinson

Secretary - Serena Ricketts

COPAC reps - Madisyn Pearle and Ana Longman

Member at Large - Jordin Kutt

Next PAC meeting: Monday, June 17 at 5:30 in the library



Pearson Road Staff received this lovely note from PSE PAC and we, the staff of PSE, wanted to extend a pre-emptive thank you. It is a privilege to get to work with your children and your appreciation of our efforts means the absolute world to us.

Wonderful Pearson Staff,

As the year is coming to an end (crazy, I know) and June will be super busy, I wanted to take a moment to say thank you for a wonderful school year. Thank you for the support, encouragement, guidance, and love you are providing our children.

As a small thank you from PAC, we have some fun treats planned for you all next week. Enjoy!!

Best of luck for June & report card season. I hope you all have a wonderful, well deserved, summer break.

With gratitude,

Jassleen Viridi
(on behalf of the PSE PAC)



*Student Santiago with
Host Parents Sue & Roy Morgan*

"We love being part of the interaction
with the students and learning
so much about their culture."

Host Families Needed!

International students enrich
our schools and our homes.

You could be the best part
of their stay in Canada.

Apply today and become a memorable part
of an international student experience.

Host family compensation is \$1,100/month.

Email homestay@sd23.bc.ca
or call 250-470-3258 to learn more.



**Central Okanagan
Public Schools**
Together We Learn

"What we love most is being part
of a student experiencing
Canada for the first time."



*Student Gabriel with
Host Parents Linda & Travis Matt*

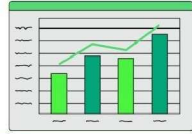


Launch Okanagan - Financial Education Budgeting

Learn how to build a budget and take control of where you spend your money

Presented by Rita Harrison, the Launch facilitator

June 10th Monday 9-11AM



to register: 236 970 4567
or email: maya@cofh.ca



Cooking with Tristaca: Food and Mood

Simple Recipes & Nutritional Tips

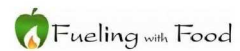
Join us for nutritional classes with Tristaca to learn, cook, and enjoy a meal together.

Child minding is available.



Thursday June 13, 10AM - 12PM

to register: 236 970 4567
or email: maya@cofh.ca



Launch Okanagan - Financial Education Credit

Learn about Canadian credit cards, loans, credit scores and debt

Presented by Rita Harrison, the Launch facilitator

June 17th Monday 9-11AM



to register: 236 970 4567
or email: maya@cofh.ca



Cooking with Tristaca: Meal Planning - Feeding a Family

Simple Recipes & Nutritional Tips

Join us for nutritional classes with Tristaca to learn, cook, and enjoy a meal together.

Child minding is available.



Thursday June 20, 10AM - 12PM

to register: 236 970 4567
or email: maya@cofh.ca



Launch Okanagan - Financial Education Savings, Investing and RESPs

The difference between saving and investing.
Information about Registered Education Savings Plans (RESP) for your children's education.

Presented by Rita Harrison, the Launch facilitator

June 24th Monday 9-11AM



to register: 236 970 4567
or email: maya@cofh.ca



Join us for family friendly interactive session by UBCO nursing students and learn about common health injuries within the Okanagan like heat stroke, Ticks & poisonous plants.

To register please call : 236 970 4567 or
maya@cofh.ca

June 11th 9AM - 11AM



www.cofh.ca
info@cofh.ca
250-826-6264



Central Okanagan Family Hub - Kelowna

www.facebook.com/COFHP for up-to-date info or www.cofh.ca

Hours: Monday - Friday, 9:00am – 4:00pm

June 2024



Monday	Tuesday	Wednesday	Thursday	Friday
Story Walk 3 Drop-in Play Time, 9:30am-11:30am Drop-in Play Time, 12:00pm-3:30pm	Story Walk 4 Drop-in Play Time, 9:30am-11:30am Story Time, 10:00am-10:30am Family Friend, 12:00pm-2:00pm Drop-in Play Time, 2:00pm-3:30pm	Story Walk 5 Japanese Story Time, 10:00am-12:00pm Hub Closed from 11:30am	Story Walk 6 Drop-in Play Time, 9:30am-11:30am Drop-in Play Time, 12:00pm-3:30pm	Story Walk 7 Parent Talk, 9:30am-12:00pm Language Cafe, 12:30pm-2:30pm Drop-in Play Time, 2:30pm-3:30pm
Story Walk 10 Drop-in Play Time, 9:30am-11:30am Financial Education: Budgeting, 9:00am-11:00 am Drop-in Play Time, 12:00pm-3:30pm	Drop-in Play Time, 9:30am-11:30am Family Friend, 12:00pm-2:00pm Drop-in Play Time, 2:00pm-3:30pm UBCO Students: Summer Health Info Session, 9:00am-11:30am	Food Support Program, 9:30am-12:30pm Drop-in Play Time, 1:00pm-3:30pm	Cooking with Tristaca: Food & mood, 10:00am-12:00pm Drop-in Play Time, 12:30pm-3:30pm	Parent Talk, 9:30am-12:00pm Language Cafe, 12:30pm- 2:30pm Drop-in Play Time, 2:30pm-3:30pm
Drop-in Play Time, 9:30am-11:30am Physio with Melina, 9:00am-11:00am Financial Education: Credit, 9:00am-11:00 am Drop-in Play Time, 12:00pm-3:30pm	Drop-in Play Time, 9:30am-11:30am Story Time, 10:00am-10:30am Family Friend, 12:00pm-2:00pm Drop-in Play Time, 2:00pm-3:30pm	Drop-in Play Time, 9:30am-11:30am Drop-in Play Time, 12:00pm-3:30pm	Cooking with Tristaca: Meal planning/Feeding a Family, 10:00am-12:00pm Drop-in Play Time, 12:30pm-3:30pm	Parent Talk, 9:30am-12:00pm Language Cafe, 12:00pm- 2:30pm Drop-in Play Time, 2:30pm-3:30pm
Drop-in Play Time, 9:30am-11:30am Financial Education: Saving, Investing & RESPs, 9:00am-11:00 am Drop-in Play Time, 12:00pm-3:30pm	Drop-in Play Time, 9:30am-11:30am Family Friend, 12:00pm-2:00pm Drop-in Play Time, 2:00pm-3:30pm	Food Support Program, Launch Okanagan: Community Partner Visit 9:30am-12:30pm Drop-in Play Time, 1:00pm-3:30pm	Drop-in Play Time, 9:30am-11:30am Drop-in Play Time, 12:00pm-3:30pm	Parent Talk, 9:30am-12:00pm Language Cafe, 12:30pm- 2:30pm Drop-in Play Time, 2:30pm-3:30pm

Program Key:

Red= Registered program: Pre-registration required. Closed groups that run for several weeks.

Green= Drop-in: Join without prior registration



Programs this Month: [Call](tel:236-970-4567) or [text](tel:236-970-4567) to [236-970-4567](tel:236-970-4567) for your scheduled Family Hub time. The Hub is open from 9:00am-4:00pm every day.

Drop-in Programs:

Family Play Time at the Hub, The Bridge Youth and Family Services



Parents/caregivers with children are welcome to drop-in for a family play time in the HUB playroom. For more information call the HUB at [236-970-4567](tel:236-970-4567).

Physio with Melina

Milena, Pediatric Physiotherapist from Physio for Kids is available once a month to address inquiries on infant motor development, tummy time, engaging activities for babies and toddlers. For children aged 0-4 years.

Once a month, call [236-970-4567](tel:236-970-4567) to book - Appointments start at 9:00 am

Parent Talk: The Bridge Youth and Family Services

Support and information group for parents of children 0-6 years old. Opportunity for parents to share and gather information about issues that are impacting their lives and their parenting, create connections, and be a part of a supportive parenting community.

Childcare is provided. Please bring a snack for your child(ren).

Select Fridays, 9:30am - If you are new to this group and would like to join, call Laura at [250-878-6331](tel:250-878-6331)



Story Time: Rutland Branch, Okanagan Regional Library

Join the Rutland Public Library for an energetic half hour, and stories that focus on early literacy and language development.

1st and 3rd Tuesdays, 10:00am-10:30am

Language Café

For newcomers! It's a free program where you learn fundamental English skills. Specifically designed for individuals with zero English proficiency. We provide childcare support for your convenience.

Fridays, 12:30pm-2:30pm

Story Walk - Central Okanagan Early Years Partnership



Books are displayed in parks around the Central Okanagan for park goers to enjoy. The story pages are stacked around the parks in page order for self-guided fun reading tours. Enjoy the stories together as you stroll through the park. To check which parks and books displayed, visit the website.

childhoodconnections.ca/earlyyearspartnership/story-walks/may6-16

Community Partners:

Food Support Program: The Bridge Youth & Family Services, Helen's Acres Community Farm, Central Okanagan Community Food Bank

Receive food support while connecting with community partners to explore local resources.

Launch Okanagan will be available on the day to connect with you and offer 1:1 support.



Every 2nd and 4th Wednesday of the month, 9:30am-12:30pm | Email Laura at laura.banman@thebridgeservices.ca or Maya at maya@cofh.ca to book an appointment.

Registered Outato Ohanashino Kai (Japanese Story Time for infants & toddlers)

A space where children can practice and reinforce the Japanese language and culture. This space is 100% Japanese.

Every 1st and 3rd Wednesday of the month, 11:00am-1:00pm

Cooking with Tristaca: Central Okanagan Food bank – More than Food Program

Join us for nutritional sessions with Tristaca to learn, cook, and enjoy a meal together. Each session will focus on a theme (13th: Food & Mood, 20th: Meal Planning, feeding a family) Child minding is available.

Thursdays: June 13th & 20th, 10:00am-12:00pm | To register, please call Maya: [236-970-4567](tel:236-970-4567) or maya@cofh.ca



Financial Education: Launch Okanagan



Launch Okanagan provides free financial literacy programs for families and individuals. Join us for workshops on budgeting, managing credit, and saving and investing (with extra information about Registered Education Savings Plans - RESPs). Presented by Rita Harrison, Launch Facilitator.

Mondays: June 10th, 17th, & 24th, 9:00am-11:00am | To register, please call Maya: [236-970-4567](tel:236-970-4567) or maya@cofh.ca

Registered Connect & Play - KCR Family Friend Program

Playtime for moms and children is part of the Family Friend Program. Meet other moms in the program and let your children play.

Select Tuesdays, 12:00pm-2:00pm | Email familyfriend@kcr.ca, or visit www.kcr.ca/family-services/family-friend



UBCO Students: Summer Health Info Session

Join us for family friendly interactive session by UBCO nursing students and learn about common health injuries within the Okanagan like Heat stroke, Ticks & poisonous plants.

Tuesday, June 11th, 9:00am-11:30am | To register, please call Maya: [236-970-4567](tel:236-970-4567) or maya@cofh.ca





East Meets West Children's Foundation and Access Dental Centre are joining hands to host the second annual dental camp. They plan to help young children maintain good oral health, have healthy teeth and a bright smile. The project is called "Smile 24"

Dentist Dr. Vikas Raj says, "we would like to invite children between the ages of 6 to 12 who may not have dental coverage to get their teeth cleaned and have a checkup at no cost."

Dates: June 1st, 2024

Time: 9 A.M. to 3 P.M.

Location: Access Dental Centre
211-1980 Cooper Road,
Kelowna, BC

Ph: 250-861-8777

Dr Raj says, "It is beneficial to start teaching your children about dental care at a young age. Taking care of your child's teeth every day helps prevent tooth decay and creates regular oral hygiene habits for your child."

East Meet West Children's Foundation chair Rahul Virk says," the charity is honored to help children in our region." Founder Mohini Singh says," the charity will give each child a children's electric toothbrush as a gift to encourage them to brush their teeth regularly."

Appointments will take approximately 45 minutes.

Please call to schedule an appointment 250-861-8777. The project "Smile 24" will help 50 children in the one day clinic.

We look forward to seeing you at the clinic. Please call to make an appointment.



تتعاون مؤسسة East Meets West Children's Foundation ومركز Access لطب الأسنان لاستضافة مخيم طب الأسنان السنوي الثاني. إنهم يخططون لمساعدة الأطفال الصغار في الحفاظ على صحة الفم الجيدة ، والحصول على أسنان صحية وابتسامة مشرقة. المشروع يسمى "ابتسامة 24" يقول طبيب الأسنان الدكتور فيكاس راج: "نود دعوة الأطفال الذين تتراوح أعمارهم بين 6 و 12 عاما والذين قد لا يكون لديهم تغطية أسنان لتنظيف أسنانهم وإجراء فحص مجاني بدون تكلفة".

التواريخ: 1 يونيو 2024

الوقت: من 9 صباحا إلى 3 مساء

وهذا هو عنوان عيادة الأسنان

Location: Access Dental Centre
211-1980 Cooper Road,
Kelowna, BC

Ph: 250-861-8777

يقول الدكتور راج: "من المفيد البدء في تعليم أطفالك حول العناية بالأسنان في سن مبكرة. تساعد العناية بأسنان طفلك كل يوم على منع تسوس الأسنان وتخلق عادات منتظمة لنظافة الفم لطفلك".

يقول راهول فيرك ، رئيس مؤسسة East Meet West Children's Foundation ، "تتشرف المؤسسة الخيرية بمساعدة الأطفال في منطقتنا". يقول المؤسس موهيني سينغ: "ستقدم المؤسسة الخيرية لكل طفل فرشاة أسنان كهربائية للأطفال كهدية لتشجيعهم على تنظيف أسنانهم بانتظام".

تستغرق المواعيد حوالي 45 دقيقة.

يرجى الاتصال على الرقم التالي 250-861-8777 لتحديد موعد. سيساعد مشروع "Smile 24" 50" طفلا في عيادة اليوم الواحد.

نتطلع إلى رؤيتك في العيادة. يرجى الاتصال لتحديد موعد.



ਈਸਟ ਮੀਟ ਵੈਸਟ ਚਿਲਡਰਨਜ਼ ਫਾਊਂਡੇਸ਼ਨ ਅਤੇ ਐਕਸੈਸ ਡੈਂਟਲ ਸੈਂਟਰ ਦੂਜੇ ਸਾਲਾਨਾ ਦੰਦਾਂ ਦੇ ਕੈਂਪ ਦੀ ਮੇਜ਼ਬਾਨੀ ਕਰਨ ਲਈ ਹੱਥ ਮਿਲਾ ਰਹੇ ਹਨ। ਉਹ ਛੋਟੇ ਬੱਚਿਆਂ ਨੂੰ ਚੰਗੀ ਮੌਖਿਕ ਸਿਹਤ ਬਣਾਈ ਰੱਖਣ, ਸਿਹਤਮੰਦ ਦੰਦ ਅਤੇ ਚਮਕਦਾਰ ਮੁਸਕਰਾਹਟ ਰੱਖਣ ਵਿੱਚ ਮਦਦ ਕਰਨ ਦੀ ਯੋਜਨਾ ਬਣਾ ਰਹੇ ਹਨ। ਇਸ ਪ੍ਰੋਜੈਕਟ ਨੂੰ "ਸਮਾਈਲ 24" ਕਿਹਾ ਜਾਂਦਾ ਹੈ

ਦੰਦਾਂ ਦੇ ਡਾਕਟਰ ਵਿਕਾਸ ਰਾਜ ਕਹਿੰਦੇ ਹਨ, "ਅਸੀਂ 6 ਤੋਂ 12 ਸਾਲ ਦੀ ਉਮਰ ਦੇ ਬੱਚਿਆਂ ਨੂੰ ਸੱਦਾ ਦੇਣਾ ਚਾਹੁੰਦੇ ਹਾਂ ਜਿਨ੍ਹਾਂ ਕੋਲ ਦੰਦਾਂ ਦੀ ਕਵਰੇਜ ਨਹੀਂ ਹੋ ਸਕਦੀ ਹੈ ਤਾਂ ਜੋ ਉਹ ਆਪਣੇ ਦੰਦਾਂ ਦੀ ਸਫਾਈ ਕਰਵਾ ਸਕਣ ਅਤੇ ਬਿਨਾਂ ਕਿਸੇ ਖਰਚੇ ਦੇ ਜਾਂਚ ਕਰਵਾ ਸਕਣ।

ਮਿਤੀ: 1 ਜੂਨ, 2024

ਸਮਾਂ: ਸਵੇਰੇ 9 ਵਜੇ ਤੋਂ ਦੁਪਹਿਰ 3 ਵਜੇ ਤੱਕ

ਸਥਾਨ: ਡੈਂਟਲ ਸੈਂਟਰ ਤੱਕ ਪਹੁੰਚ ਕਰੋ

211-1980 ਰੂਪਰ ਰੋਡ,

ਕੇਲੋਨਾ, ਬੀਸੀ

Ph: 250-861-8777

ਡਾ ਰਾਜ ਕਹਿੰਦੇ ਹਨ, "ਛੋਟੀ ਉਮਰ ਵਿੱਚ ਹੀ ਆਪਣੇ ਬੱਚਿਆਂ ਨੂੰ ਦੰਦਾਂ ਦੀ ਦੇਖਭਾਲ ਬਾਰੇ ਸਿਖਾਉਣਾ ਸ਼ੁਰੂ ਕਰਨਾ ਲਾਭਦਾਇਕ ਹੈ। ਹਰ ਰੋਜ਼ ਆਪਣੇ ਬੱਚੇ ਦੇ ਦੰਦਾਂ ਦੀ ਦੇਖਭਾਲ ਕਰਨਾ ਦੰਦਾਂ ਦੀ ਸਫ਼ਤ ਨੂੰ ਰੋਕਣ ਵਿੱਚ ਮਦਦ ਕਰਦਾ ਹੈ ਅਤੇ ਤੁਹਾਡੇ ਬੱਚੇ ਲਈ ਨਿਯਮਤ ਮੌਖਿਕ ਸਫਾਈ ਦੀਆਂ ਆਦਤਾਂ ਪੈਦਾ ਕਰਦਾ ਹੈ।

ਈਸਟ ਮੀਟ ਵੈਸਟ ਚਿਲਡਰਨਜ਼ ਫਾਊਂਡੇਸ਼ਨ ਦੇ ਚੇਅਰਮੈਨ ਰਾਹੁਲ ਵਿਰਕ ਨੇ ਕਿਹਾ, "ਇਹ ਚੈਰਿਟੀ ਸਾਡੇ ਖੇਤਰ ਦੇ ਬੱਚਿਆਂ ਦੀ ਮਦਦ ਕਰਨ ਲਈ ਸਨਮਾਨਿਤ ਹੈ। ਸੰਸਥਾਪਕ ਮੋਹਿਨੀ ਸਿੰਘ ਕਹਿੰਦੀ ਹਨ, "ਚੈਰਿਟੀ ਹਰੇਕ ਬੱਚੇ ਨੂੰ ਤੋਹਫ਼ੇ ਵਜੋਂ ਬੱਚਿਆਂ ਦਾ ਇਲੈਕਟ੍ਰਿਕ ਟੂਥਬ੍ਰਸ਼ ਦੇਵੇਗੀ ਤਾਂ ਜੋ ਉਨ੍ਹਾਂ ਨੂੰ ਨਿਯਮਿਤ ਤੌਰ 'ਤੇ ਆਪਣੇ ਦੰਦ ਾਂ ਨੂੰ ਬਰਸ਼ ਕਰਨ ਲਈ ਉਤਸ਼ਾਹਤ ਕੀਤਾ ਜਾ ਸਕੇ।

ਮੁਲਾਕਾਤਾਂ ਨੂੰ ਲਗਭਗ 45 ਮਿੰਟ ਲੱਗਣਗੇ।

ਕਿਰਪਾ ਕਰਕੇ ਮਿਲਣ ਦਾ ਸਮਾਂ ਤੈਅ ਕਰਨ ਲਈ 250-861-8777 'ਤੇ ਕਾਲ ਕਰੋ। ਪ੍ਰੋਜੈਕਟ "ਸਮਾਈਲ 24" ਇੱਕ ਦਿਨ ਦੇ ਕਲੀਨਿਕ ਵਿੱਚ 50 ਬੱਚਿਆਂ ਦੀ ਮਦਦ ਕਰੇਗਾ।

ਅਸੀਂ ਤੁਹਾਨੂੰ ਕਲੀਨਿਕ ਵਿਖੇ ਮਿਲਣ ਦੀ ਉਡੀਕ ਕਰ ਰਹੇ ਹਾਂ। ਕਿਰਪਾ ਕਰਕੇ ਮਿਲਣ ਦਾ ਸਮਾਂ ਲੈਣ ਲਈ ਕਾਲ ਕਰੋ।



HPS LIAISON BULLETIN

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Social Well-being:

Social wellbeing is the ability to communicate with others and build meaningful relationships where you can freely be yourself. Social connections with others can include family, friends, coworkers, and members of your community that you trust. ([Ministry of Mental Health and Addictions](#))

Currently...

13.3% of kindergarten children in the Central Okanagan are Vulnerable on the social competence scale of the EDI
13.8% of students completing the MDI not feeling like they belong
15.6% of students completing the MDI felt that there wasn't an adult who really cared about them in the neighbourhood/community
27% of youth on YDI reported that they don't feel there is an adult who really cares about them
34% of youth on YDI do not feel a sense of belonging in school
56% of youth on YDI witnessed someone being bullied or harassed this year
19% of youth on YDI often feel left out
83% of students in grades 4 and 7 responded that they respected people who were different from them and 78% of students in grades 10 (BC Student Learning Survey - Satisfaction and Wellness Report)

Youth are recognizing this and voicing that they want to learn more about discrimination, stereotyping, and bullying and want to learn strategies to help them respond to it when they witness it or are aware of it. Learning about similarities and differences in individuals and groups influences community health. This big idea, taken from the PHE curriculum, is one this issue draws attention to. How we might give agency to students and empower them in learning is the focus of this bulletin.

For more information, please see resource links provided in this issue.

Stay healthy and well,
Andrea and Alicia

Click here for District Health Plan: [SOCIAL WELLBEING](#)

Ensure that every student can be themselves at school, accepted and celebrated for who they are; and, Ensure that every student feels like they belong at school and an adult to advocate for them ([Social and community health: BC PHE Curriculum](#))

Belonging and Connection Resources -

- [School Connectedness - HealthySchools BC](#)
- [PHE Canada](#)
- [Indigenizing the Curriculum](#)
- [Peace Learning Circles](#)
- [Pedagogies of Agency and Inclusion](#)
- [Innovative Learning Environments - OECD](#)
- [Flexible learning Spaces](#)
- [SOGI 123](#)
- [SD 23 Inclusive Education Services](#)
- [SD23 Digital Wellness](#)

Professional Reading –
Community: The Structure of Belonging
(Peter Block, 2018)

Other RESOURCE LINKS:

Health Promoting Schools [Website](#)