



♥ KINDERGARTEN ♥

Before your child starts school in September it would be helpful if they are able to:

- Say their first and last name
- Recognize their name
- Spend time reading books with you
- Ask for help
- Tell an adult if something is wrong
- Take turns
- Use the toilet and wash hands independently
- Put on and fasten their shoes, jackets, etc.
- Open their snack containers and packaging
- Choose healthy food for school. Encourage your child to pick a fresh fruit or veggie each day.
- Get a backpack that will carry what they need. Encourage them to be independent and carry their own bag, teach them how to use it, unload and load it.
- Come play on the school playground during the weekend or after school, walk the boundaries of the playground, get familiar with the school.