

Daily Fun with Your Little One!

July 2025



Help your child get excited about kindergarten. Each day features an activity leading up to the first day of school. The countdown begins...
 *If you don't have the book mentioned to read, go to your community library, or watch a read-aloud on YouTube.



	1  Happy Canada Day! Have your child draw their own Canadian flag or a flag from another country of interest.	2 Take out a tape measure and help your child measure different objects. Which is the longest and the shortest?	3 Listen to birds throughout the day. Can you make the same sound they do?	4 Look through your photo library together and tell the story of what is happening in a few photos.	5 Talk about how/why seasons change. Draw a picture of how trees change and what they look like where they play outside during the 4 seasons.	6 Practice washing your hands for 20 seconds singing the "Happy Birthday" song twice together.
7 Go outside and dig up some worms to gently observe.	8 Go for a drive and have your child count all the stop signs they see.	9 Choose a letter; such as T. Then, ask your child to hunt for Ts on labels in the pantry.	10 Make a matching game by drawing picture pairs of rhyming words on slips of paper. Practice matching and then play "Memory" with them. (fox/box)	11 Hand Shadows: Have your child experiment with using their hands to create different shapes, birds and animals on the wall.	12 At the beach, practice printing their name in the sand. Try other words like Mom or Dad.	13 Read a book together and count how many dogs or kids or flowers they see in the illustrations.
14 Draw zig-zags and waves on paper and have your child practice cutting along the lines.	15 Play grocery store with pantry items. Take turns "shopping/buying" food.	16 While taking a walk play a game of "I spy".	17 Read, "Summer Walk" by Virginia Snow together.	18 Ask your child to compare objects around the house. Which is smaller? Longer?	19 Invite your child to draw and colour a picture of the most creative ice cream cone they can think of!	20 Fill a jar halfway with vinegar, then stir in food colouring and dish soap. Add a spoonful of baking soda, stir and watch what happens!
21 Have your child examine their faces in a mirror, then your child can draw a self-portrait.	22 How many words can your child think of that rhyme with "dog"? They can be nonsense words.	23 Play a game of musical chairs, but use pillows instead of chairs.	24 Have your child help you put away the laundry. Have them describe each item as they put it away; colour, shape, size.	25 Go on a photo scavenger hunt together. Make a list of things to find while going for a walk, and take pictures of as many as you can find.	26 Together with your child, gather clippings, leaves or flowers. If you can, discuss their uses. Press them in a heavy book for a few days. They can be used to make a picture or a card.	27 Make fog in a jar. Fill a jar with very hot water, then pour most of the water out and place a baggie full of ice cubes across the top of the jar. Watch as fog forms!
28 Ask your child to tell you a story about their favorite animated character.	29 Play an upbeat song and make up a dance together.	30 Read Eric Carle's The Very Hungry Caterpillar . Then, talk about what else the caterpillar might want to eat.	31 Make up a story about ants who steal food from a picnic. Ask for your child's help in deciding what they steal.			

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August 2024



						1 Go on a treasure hunt in your house for things that start with the letter B.	2 Have your child string beads onto pipe cleaners.	3 Add some googly eyes and popsicle sticks to your playdough and see what your child creates.
4 Write 1-10 on index cards. Provide a pile of Cheerios. Choose a card, & count the number of Cheerios.	5 Have a lunch picnic in the backyard or at the beach.	6 Before reading a book together, help your child count the number of pages.	7 Invite your child to tell you a story about one of their favorite stuffies.	8 Mix up pairs of colourful socks, and have your child match them.	9 Make a rain stick! Put coins, beans or rice into an empty cardboard tube and secure thick paper over both ends with rubber bands or tape.	10 Go to the beach and make a pattern in the sand using sticks and rocks.		
11 Sing “Old MacDonald Had a Farm” together.	12 Practice talking and listening by taking turns building on a story together.	13 Collect paint chips from the hardware store and bring them when you go to the park. Have your child find matching colours in nature.	14 Introduce your child to a style of music they have not heard before, like jazz or opera.	15 Walk around your neighborhood and count how many triangles, circles or rectangles you see.	16 Tape letters on a wall in an open area. When you call out a letter, have your child throw a light object (like a ping pong ball) at the correct letter.	17 After reading a book together, have your child retell the story in their own words.		
18 Walk around your neighbourhood and identify as many plants as you can.	19 Put objects in a box. Say a word (it can be nonsense) and have your child pick out the object it rhymes with, like “Fizzers” and scissors.	20 Cut 2 inches from a celery stalk’s base. Put it in a shallow dish of water in direct sun until it sprouts roots. Make daily observations.	21 Play “restaurant” together, and take turns taking each other’s orders.	22 List/draw pictures of all the animals your child has seen this summer. Were they wild or tame animals?	23 Brainstorm or look for in books words that start with the same sound as your child’s name.	24 Talk about how the sounds you hear in the summer are different than the sounds you hear in the fall.		
25 Invite your child to make a dot painting using their fingers or Q-tips dipped in paint.	26 Tell each other all the things you are thankful for.	27 Use raisins and toothpicks to build 3D shapes. Ask your child to build a tower as tall as they can.	28 Try a 3-legged race with your child in the backyard or park.	29 Make an alphabet book. Help your child write a letter on each page. Then have them draw an object that starts with that letter.	30 Sing the ABCs like a butterfly, dinosaur or cat.	31 Visit your school playground and talk with your child about playground safety.		

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September 2025



1 Have a conversation with your child about what a good friend looks like, sounds like and feels like.	2 Decide what clothes to wear on the first day of school and get your backpack and shoes ready to go.	3 First Day of School! Welcome to Kindergarten!	4 	5	6	7
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