

Jan 19- Jan 30, 2026

NEWSLETTER

Pearson Road Elementary



PRINCIPAL'S MESSAGE

Dear Pearson Community,

The morning drop off and afternoon pickup has been going really well. Thank you for being a team player and honouring the school plan.

Another request is to have your child at school before the school bell at 8:25 AM. There are a lot of benefit to your child's learning and social wellbeing when they walk into school with their classmates instead of walking into the class when the lessons have already started.

You received an email from the district last week requesting your input in the District Strategic Plan. Your Voice Matters! I have attached the letter on the next page with the link to sign up. Hope to see you at the meeting on Thursday!

Also a reminder that registrations for next year start on Feb 2nd for the school district. If you have a child starting Kindergarten next year or if you have plans to move to another school, please register right away.

Parent teacher conferences are coming up on Feb 5th and 6th and we look forward to connecting with you.

Kind Regards,

Jasmeet

Key Dates

Mon, Jan 19- PAC Meeting – 5:45 PM

Fri, Jan 30 - Terrific Kids Assembly 10:30

Thurs, Feb 5- Early Dismissal Day/ Parent Teacher Conferences

Fri, Feb 6- Early Dismissal Day/ Parent Teacher Conferences



FROM THE DISTRICT:

District Strategic Plan Community Engagement

Dear Rutland parents/guardians, students, staff, partner groups, and community members,

On behalf of the Central Okanagan Board of Education, I invite you to join us for an in-person Strategic Plan public engagement session. Your perspective matters: our schools exist to serve our community, and this engagement will help shape the future of education in Central Okanagan Public Schools.

This session is designed so that every voice is heard through a structured interview process that brings forward ideas, experiences, and priorities from across our community. As a teaser, here are the four questions we will explore together:

1. When you think about the world students are entering today, what do you believe students need most from their experiences in our schools to be successful?
2. When you think about the future, what ideas do you have that would improve student learning for all students?
3. What would help families feel more meaningfully involved in supporting student learning?
4. What is one change that would make schools healthier and more supportive places for students, staff, and families?

Your input will be captured, themed, and used to revise and update our Strategic Plan so you will be able to see how your advice helped shape the direction of the District.

Please register in advance using this link:

[**Click to Register for the Strategic Plan Community Engagement Session**](#)

Session details:

- Date: Thursday, Jan. 11, 2026
- Time: 6:00 p.m. - 9:00 p.m.
- Location: Rutland Senior Secondary School Foyer

Thank you for considering this invitation. We are committed to safe, inclusive, equitable, and inspiring learning environments for every learner, and we need your voice to help us do that well.

Sincerely,

Jon Rever,
Superintendent of Schools,
Central Okanagan Public Schools





FROM THE DESK OF:

Ms. Zuyderduyn- School Counselor

January is a great time for fresh starts and building healthy habits. After the holiday excitement, children often need help settling back into routines. Here are some ideas to support your child this month:

Re-establish Routines

- Consistent bedtimes, homework schedules, and family meals help children feel secure and ready to learn.

Set Small Goals

- Encourage your child to choose one or two achievable goals:
- Reading for 10 minutes a day
- Helping with a household chore

Focus on Emotional Well-Being

- January can feel long and cold. Make time for:
- Fun activities
- Outdoor play
- Conversations about feelings

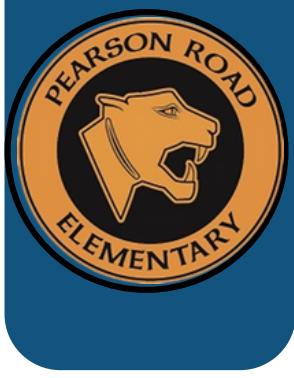
Mindfulness Tips for Parents

- Pause and Breathe: Take a few deep breaths before responding when things feel hectic.
- Practice Gratitude: Each evening, share one thing you're thankful for with your child.
- Model Calm: Children learn from what they see—showing calm helps them feel safe.

If your child is finding the return to school challenging, please know I'm here to help. Feel free to reach out for support or resources.

Wishing you and your family a healthy and happy start to 2026!





FROM YOUR PAC

Pearson Road Elementary

Make a difference in your child's education & overall school experience.

Join the PAC!

Email your PAC President with any questions.

Pse.pacpresident @sd23.bc.ca

PAC MESSAGE

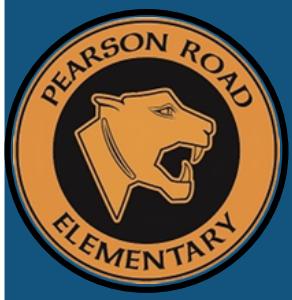
PAC Meeting:

Monday, Jan 19, 2026 - 5:45 PM in the Library

HOT LUNCH:

visit munchalunch.com now to order hot lunch for January - March!





FROM THE COMMUNITY

Brave Hearts Club

Children's Grief and Loss Support Group

Where Healing Meets Connection

Central Okanagan Hospice Association is pleased to offer an eight week grief and loss support group for children ages 6-12 who have experienced the loss of a family member or friend through death.

COHA
CENTRAL OKANAGAN HOSPICE ASSOCIATION

Wednesdays from 4pm- 5:30pm
January 28 - March 25
No session on February 11th

- A safe space to explore grief
- Art, games, gentle discussion
- Snacks and refreshments

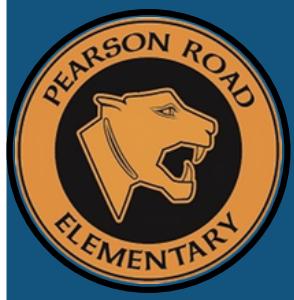
No cost to attend



Registration is Required
Starts Jan 28th, 4pm-5:30pm
COHA August Center, #200-1890 Cooper Road

andi@hospicecoha.org
250.763.5511

www.reallygreatsite.com



FROM THE COMMUNITY



EcoCooks
club

Kelowna

Winter Registration

Wednesdays
Jan 14 – Mar 04
3:30 PM – 5:45 PM
604 Cawston Avenue

Free Afterschool Program for Gr 4 - 7 Youths

www.ecocooks.org/club-program



FROM THE COMMUNITY

KELOWNA MINOR FASTBALL

IS HOSTING **FREE**

LEARN TO PLAY FASTBALL CLINICS

**FREE
CLINICS**

- U7: born 2019/2020
- U9: born 2017/2018
- U11: born 2015/2016
- U13: born 2013/2014

**FEBRUARY
14 & 15,
2026**



HEAT

www.kelownafastball.ca

www.reallygreatsite.com



FROM THE COMMUNITY

HEAT

SPRING REGISTRATION

NOW OPEN

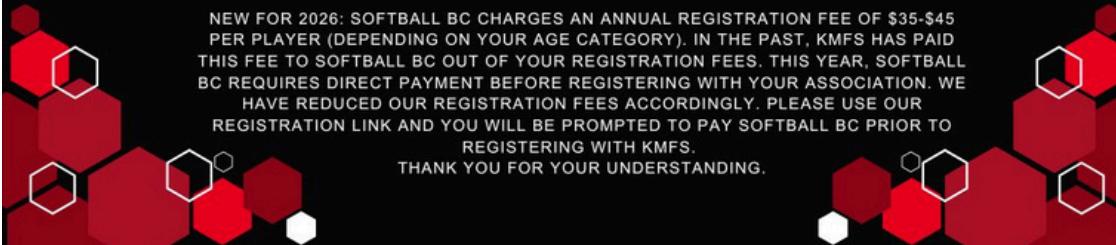
COMMUNITY DIVISIONS

U7, U9, U11, U13, U15, U17, U20

SEASON RUNS FROM
APRIL 6 - JUNE 28, 2026

WWW.KELOWNAFASTBALL.CA

NEW FOR 2026: SOFTBALL BC CHARGES AN ANNUAL REGISTRATION FEE OF \$35-\$45 PER PLAYER (DEPENDING ON YOUR AGE CATEGORY). IN THE PAST, KMFS HAS PAID THIS FEE TO SOFTBALL BC OUT OF YOUR REGISTRATION FEES. THIS YEAR, SOFTBALL BC REQUIRES DIRECT PAYMENT BEFORE REGISTERING WITH YOUR ASSOCIATION. WE HAVE REDUCED OUR REGISTRATION FEES ACCORDINGLY. PLEASE USE OUR REGISTRATION LINK AND YOU WILL BE PROMPTED TO PAY SOFTBALL BC PRIOR TO REGISTERING WITH KMFS.
THANK YOU FOR YOUR UNDERSTANDING.





IMPORTANT LINKS

Pearson Road Elementary

SCHOOL ABSENCES and COMMUNICATION:

Please make sure you have signed up with [SchoolMessenger](#) to report all lates, absences and early departures. You are required to inform the school when your child will be absent from school. This app makes that reporting very easy for you.

[SchoolMessenger App](#)



SchoolMessenger is also how the school communicates with you! If there are any issues with you not receiving messaging please contact us as there may be an issue with the email address we have on file for you.



[Please click here to see how to register for School Cash Online](#)



Follow @sd23news on Instagram!

Please take a moment to follow @sd23news on Instagram (and the same on Facebook and X if you haven't yet!)

Please follow the “No Parking” signs in the neighbourhood and school

